



January 8, 2021

Dear Tilden Family,

Our first week back has turned out to be anything but uneventful, as our students and staff have spent the past two days grappling with Wednesday's incident in our nation's capital. With the weekend ahead of us, I am including resources for parents when helping students unpack and process everything that is going on in our society.

### Calendar

- The week of January 11<sup>th</sup> is a regular week
- Tuesday, January 12<sup>th</sup>: PTSA meeting, 7:00 pm, information below
- Monday, January 18<sup>th</sup>: Holiday, MLK Jr.'s Birthday

### 3<sup>rd</sup> Marking Period Materials Distribution

- We will be conducting our 3<sup>rd</sup> Marking Period English class materials distribution on January 13, 20, and 27.
- All students should have already received their math textbooks for the school year during our August 2020 distribution.
- Parents will be picking up two English textbooks on the grade-level designated day.
- Parents who have work obligations or children in multiple grade levels can come on any day to pick up materials.
- After the three distribution days, materials will be available for pick-up Monday-Friday, from 9:00 am – 3:00 pm. Please call ahead of time to let us know you will be coming and which materials you will be picking up.
- Please keep in mind that we have moved. Our new address is: 6300 Tilden Lane, and our phone number is (240) 740-6700.

Grade	Date	Time	Make-up Days
6 <sup>th</sup> grade	January 13	9:00 am – 2:00 pm	January 14, 15
7 <sup>th</sup> grade	January 20	9:00 am – 2:00 pm	January 21, 22
8 <sup>th</sup> grade	January 27	9:00 am – 2:00 pm	January 28, 29



### **Discussing this Week's Incident at the US Capitol**

Even though we are in the middle of a pandemic, and at home, most of our students have access to social media and are being exposed to images, videos, and articles that we as adults have very little control over, and because many students internalize their emotions, we encourage you to keep talking to your children about the incident, and engage them in a dialogue, as it is important for them to hear your thoughts and feelings. It is imperative for children to have the safe space to process their thoughts, impressions, and fears.

Please remember that our counselors are always available to support our students for one-on-one and small group sessions.

- Visit Tilden's distance-learning counseling website at:  
<https://sites.google.com/mcpsmd.net/tmscounseling/home>
- Additional Resources for Parents:
  - ❖ [Talking to Children About Violence: Tips for Parents and Teachers \(English\)](#)  
[español](#) / [中文](#) / [français](#) / [tiếng Việt](#) / [한국어](#) / [አማርኛ](#)
  - ❖ [Every Mind](#)
  - ❖ [Resources for Families: Talking About Race and Racism](#)
  - ❖ [Supporting Marginalized Students in the Context of The 2020 Election](#)
  - ❖ [Forbes article: support child's mental health](#)

### **Upcoming PTSA Meeting and Message from Rachel Weinstein, Tilden MS PTSA Secretary**

- Please join us on **Tuesday, January 12<sup>th</sup> at 7:00pm.**
- Mrs. LaGrange, Tilden MS Principal, will provide us with a **MCPS & Tilden MS update** for the first 15 minutes of the evening. Immediately following, we will have a presentation titled: **Executive Functioning Skills to Manage Remote Learning**. There will be a 45-minute presentation and 15 minutes for questions. You will be able to type questions into the chat or you can submit questions in advance to: [rd\\_weinstein@yahoo.com](mailto:rd_weinstein@yahoo.com). A description of the presentation is below. **Meeting information and link is below.** We look forward to the evening. *-Rachel Weinstein, Tilden MS PTSA Secretary*

#### **Tilden PTSA Presents: Executive Functioning Skills to Manage Remote Learning**

These are unprecedented times, and without the benefit of many of the structures that are an inherent part of the physical school day, skills such as organization, prioritization and time-management are more important than ever to student success. This workshop, tailored for the Tilden Middle School community, will introduce simple, concrete supports that students and parents can bring to remote learning, which will have an immediate positive impact. We'll consider tools for deciding which tasks to tackle when, how to identify strategies that work best for the task at hand, and the kinds of planning systems that complement online platforms such as Google Classroom.

The workshop will be presented by Jenna Prada, the creator and director of Private Prep's Executive Functioning Programs. Ms. Prada has a Masters in Education and is a licensed teacher and administrator with a decade of experience. The program will include a presentation and opportunity for questions and answers.

- **Meeting Information**

- You are invited to a Zoom webinar.
- When: Jan 12, 2021 07:00 PM Eastern Time (US and Canada)
- <https://mcpsmd.zoom.us/j/85899876816?pwd=dkdiNllorekVsVE5XVmo0c3NtNjVSdz09>
- Passcode: 206684
- Or iPhone one-tap :

US: +13017158592,,85899876816#,,,,\*206684# or  
+13126266799,,85899876816#,,,,\*206684#

I look forward to seeing you virtually at the PTSA meeting. As always, please try to get some fresh air and rest this weekend.

Best,  
Irina