

# PE Clothing Policy

## Changing for PE: The “Why”

We ask that students change into the following colors, or purchase a uniform from the PE department for the following reasons:

1. Safety: As our path and fields are used by both the CHS students and community, if students are in our PE suggested colors, we can spot strangers easier and thereby keep our kids safer.
2. Hygiene: Students work hard in PE and go outside in all types of weather. Sweat, mud, dirt, and grass stains add odor to clothing. That odor affects others around the child.
3. “Fundraiser”: PE equipment is very expensive. Any profits from the clothing we sell helps us purchase new, updated, safer equipment for our students. It also helps us purchase our “Wildcat of the Month” shirts (see below).
4. Team building: Having the uniform or colors, allows us to promote the “team” aspect of PE. We are all one team, working together, to create a positive physical atmosphere for all.

## The colors for RHMS: The “How”

- Gray sleeved t-shirt (the only blue shirt allowed is a [Wildcat of the Month](#) shirt that is earned by showing PRIDE in the class and locker rooms—it is awarded once a month to 1 deserving student in each class).
- Navy blue/black shorts
- Navy blue/black/gray sweats
- Laced athletic shoes

## The “What happens if...”

In order to help us help the students remember their clothing, we have the following tiered policy we implement if they forget (it will happen at least once!):

1. The first time results in stamping the students’ agenda book and a discussion with the student on why it’s important to change their clothing along with how to support the student regarding the issue.
2. The second time results in a second stamp in the agenda book and a second discussion with the student on the “why” behind changing their clothing for PE.
3. The third time results in a phone call from the student to the parent/caretaker for a reminder to bring clothing to change for PE.
4. The fourth time or more results in a teacher phone call or email to request support from the parent to help the student bring clothing to change for PE.

Our sincere hope is to never need to go beyond the first tier. By working together, we can ensure that all our students are safe, happy, and healthy. Thank you very much for all your support.