

ROBERT FROST COUNSELING SERVICES

Counseling Services Focus

The Counseling Program at Robert Frost Middle School stresses student development in three major areas: academic achievement, career and educational decision-making, and personal and social growth.

Academic Achievement

- Identify programs available to students and the requirements for participation in these programs.
- Help students adjust to the school and plan their programs.
- Help students with time-management.
- Consult with teachers on ways to improve student academic achievement.

Career and Educational Decision-Making

- Develop a 4-year plan for high school.
- Review graduation requirements.
- Assess student aptitudes & interests and explore career options.
- Reinforce problem-solving and decision-making skills.

Personal and Social Development

- Help students discover their strengths and weaknesses in relation to school performances.
- Help students use their problem-solving and conflict resolution techniques.
- Help with conflict management and interpersonal relationships.
- Help students become their own advocates.