

## **RESOURCES IN MONTGOMERY COUNTY, MARYLAND**

### **Find Help Fast**

Crisis Center Help Line at (240) 777-4000, (240) 777-4815 (TTY)  
Provides immediate responses to crisis situations for all residents of Montgomery County. Montgomery County Department of Health and Human Services.

Health & Human Services Information Line at (240) 777-1245  
Provides easy access to information about Health and Human services and programs in Montgomery County. Montgomery County Department of Health and Human Services.

Montgomery County Hotline at (301) 738-CALL (2255)  
Provides confidential and anonymous support by trained counselors through a 24-hour telephone active listening and referral service for Montgomery County. Mental Health Association.

Montgomery County General Information Line at (240) 777-1000  
Provides basic information about government services in Montgomery County. Montgomery County Government.

### **Parenting Help**

YMCA of Metropolitan Washington, Bethesda branch  
301-229-1347  
Offers Parenting Programs, Family consultations, Counseling, Community and school-based programs for children/teens, Therapeutic Adventure Program, Services in Spanish and Information and referral.

The Parent Encouragement Program (PEP), Inc.  
301-929-8824  
Offers parents, teachers and others parenting classes, workshops and other services to teach practical skills geared to each stage of development.

### **Crisis Hotlines**

Victim Assistance & Sexual Assault Hotline at (240) 777-4357, (240)777-1347 (TTY)  
Provides 24-hour counseling, information and referral for persons who are a victim of crime, including rape or sexual assault in Montgomery County. Montgomery County Department of Health and Human Services.

Partner Abuse Crisis Line at (240) 777-4673  
Provides 24-hour assistance for victims of mate-related physical abuse, including shelter and counseling services. Montgomery County Department of Health and Human Services.

Youth Crisis Hotline (301) 738-9697  
Provides confidential and anonymous support by trained counselors for Montgomery County youth through a 24-hour telephone active listening and referral service. Mental

Health Association.

Operation Runaway Hotline at (800) 204-8600

Provides Montgomery County 24-hour telephone crisis intervention and brief counseling for youth on the run or youth considering running away; consultation for concerned parents or community members. Potomac Ridge Behavioral Health.

Maryland Youth Crisis Line at (800) 422-0009

Family Stress Line at (800) 243-7337

Provides 24-hour family crisis hotline support, staffed by trained volunteers who offer consultation regarding parent stress management and child behavior management. The Family Tree, Maryland.

National Runaway Hotline at (800) 621-4000, (800) 621-0394 (TTY)

Offers 24-hour national hotline service for parents and youth including crisis intervention, message service, educational information, referrals, and runaway searches. National Runaway Switchboard.

National Suicide Prevention Lifeline at (800) 273-TALK (7255)

Provides 24-hour, toll-free suicide prevention service available to anyone in suicidal crisis. National Suicide Prevention Lifeline Network.

National Hopeline Network at (800) SUICIDE (784-2433)

A national hotline for persons having thoughts about suicide. Calls are connected to a certified crisis center nearest the caller's location. Services are available 24 hours a day, seven days a week. Kristin Brooks Hope Center.

ChildLink at (240) 777-GROW (4769), (240) 777-1009 (TTY)

Provides parents and caregivers with resources and information about Montgomery County services and linkages to programs that are available to assist them with children birth to age five. Montgomery County Department of Health and Human Services.

LOCATE: Child Care at (240) 777-3130, (240) 777-1810 (TTY)

Provides resource and referral information to parents searching for child care in Montgomery County. Montgomery County Department of Health and Human Services.

Child Abuse and Neglect Reporting at (240) 777-4417, (240) 777-3556 (TTY)

Report child abuse and neglect to ensure the safety of children; 24-hour service. Montgomery County Department of Health and Human Services.

### **School-Related Programs**

Montgomery County Public Schools Call Center at (301) 309-MCPS (6277)

Provides families and community members with a one-stop resource for accurate and timely information about school operations, programs, enrollment, tests and reports, and other information about the school system. For non-English parents and community members to ask questions and receive information about MCPS in their native language and to

request help in communicating with school staff: Hispanic Hotline, call 301-230-3073; Chinese, 301-230-5428; French, 301-230-5429; Korean, 301-230-5430; Swahili, 301-230-5429; and Vietnamese, 301-230-5432. Montgomery County Public Schools.

The SHARP Suspension Program  
301-693-6580

The SHARP Suspension Program, located at Bradley Hills Presbyterian Church, provides a safe, supervised place where students can serve out their suspensions while receiving academic and emotional support aimed at promoting self-reflection and skill building for more positive life outcomes. Formerly known as BASE, the program is administered by GUIDE Program, Inc.

### **Mental and Behavioral Health**

Montgomery County Mental Health Access Team at (240)777-1770, (240)777-1236 (TTY)  
Provides information and referral to Montgomery County residents who have Maryland Medical Assistance or no insurance, about outpatient mental health providers serving Montgomery County. Montgomery County Department of Health and Human Services.

TherapistLine at (301) 738-7176

Provides a system of referral for individuals who have limited or no financial resources for mental health outpatient therapy in Montgomery County. Individuals are linked with competent mental health professionals who accept a sliding scale fee. Mental Health Association.

Alcohol and Drug Information at (800) 729-6686, (800) 487-7899 (TDD)

Trained information specialists who can answer questions about substance abuse. National Clearinghouse for Alcohol, Drug Information.

Narcotics Anonymous Helpline at (800) 543-4670

24-hour regional helpline for alcohol and drug abuse. Chesapeake and Potomac Region of Narcotics Anonymous.

Screening and Assessment Services of Children and Adolescents (SASCA)

240-777-1430. Conducts assessments and makes treatment recommendations and referrals for Montgomery County youth. Specific services include information regarding substance abuse assessment and treatment services; assessment of drug and alcohol abuse as well as other related problems; urine drug screen; referral for drug and alcohol education seminars for youth and families; and referral for appropriate treatment services. Montgomery County Department of Health and Human Services.

### **Drugs, Crime and Gangs**

Gang Prevention Hotline at (240) 777-1245, (240) 777-1295 (TTY)

Provides parents and teens with information about gang prevention and intervention services. Montgomery County Department of Health and Human Services.

Gang Tip Hotline at 240-773-GANG (4264)

Leave an anonymous tip reporting gang activity in Montgomery County; 24 hours a day, seven days a week. Montgomery County Police Department.

Crime Solvers Tip Line at (866) 411-TIPS (8477)

Allows citizens to offer anonymous information about crime. Rewards are paid for information leading to the arrest and indictment of criminals or the capture of wanted persons. Montgomery County Police Department.

Montgomery County Drug Tip Hotline at (240) 773-DRUG (3784)

Leave an anonymous tip with information relating to illegal drug activities in Montgomery County. Montgomery County Police Department.

Safe Schools Hotline at (301) 517-5995

Hotlines are staffed 24 hours a day, seven days a week to receive anonymous information about school safety and security concerns in Montgomery County schools. Students, parents and community members are urged to report information about weapons, drugs, alcohol. Montgomery County Public Schools.

Maryland Safe Schools Tip Line at (877) 636-6332

Report safety and/or security concerns in Maryland's schools, including information about weapons, drugs, alcohol. Maryland State Department of Education.