

Departments Quick Links Health Room

The following staff members proudly represent the health room at Watkins Mill High School.

Nancy Caruso, RN: School Community Health Nurse

Cheryl (Knipe) Jones, SHRA: School Health Room Aid

Beth Jordan, SHRA: School Health Room Aid

301 840 3954

Services Available:

Health assessments, crisis intervention, health counseling, communicable disease prevention and control, health education/promotion, case management of students with serious medical conditions, first aid, administration of medications and medically prescribed treatments, and emergency care.

Health Insurance Applications are available in the health room for students whose families meet the state financial guidelines.

Frequently Asked Questions:

What if my child needs medication during the school day?

If your child needs to take medication at school, the following procedure must be followed:

Contact the health room for the appropriate form. This form must be completed for both prescription and non-prescription medications. Medication and completed forms must be brought to school by a parent or guardian. All prescription medication must be properly labeled by a pharmacist and match the doctor's written authorization on the form. All over-the-counter medication must be in the original container with the safety seal intact.

What if my child has asthma? Can he/she bring an inhaler to school?

Students with asthma may carry their inhalers and use them during the school day as needed. Health room staff should be notified if the parent or guardian plans to allow this. In addition, an Asthma Action Plan (obtained in the health room) and a medication form should be completed and brought to the health room.

What is the procedure if my child becomes ill at school?

A student needing health room care should request a pass from his/her teacher and report to the health room. The student will be assessed and in the event the student needs to go home, a parent or emergency contact person listed on the students information form will be notified and permission is obtained for the student to leave. The student will be signed out through the attendance office and may meet the parent outside or may drive/walk home if the parent gives verbal permission. **It is very**

important that the student information form be turned in at the beginning of the school year and any time there is an information change, (phone number, address, etc.). In the event of an emergency it is critical that the health room staff has a way to reach a parent or guardian.

My child is trying out for a sport. Can I get a copy of his/her last physical exam (HIF)?

Yes, students may stop by during lunch or after school to obtain a copy of their most recent HIF. Please note, for school sports requirements, an exam must be done every year.