



# FREE TRAINING

WorkSource Montgomery Young Adult Opportunity Center

2017

## Trainings We Offer:

- **OSHA 10 Health Care**

The OSHA 10-Hour General Industry (Healthcare) prepares employees to work safely in the Health Care industry. Trainees are prepared to recognize, avoid, and prevent safety and health hazards.

- **OSHA 10 Construction**

The OSHA 10 Hour Construction Industry is designed to provide an entry level construction worker’s general awareness on recognizing and preventing hazards on a construction site.

- **ServSafe Food Handlers**

The ServSafe Food Handler Program is a complete solution that delivers consistent food safety training to employees. The program covers the following areas Basic Food Safety, Personal Hygiene, Cross-contamination & Allergens, Time & Temperature, and Cleaning & Sanitation.

- **Microsoft Office Specialist—Word**

Microsoft Office Specialist—Word training demonstrates that you have the skills needed to perform office tasks efficiently. This is a great training for people interested in working in an office or information technology setting.

- **Microsoft Office Specialist—Excel**

Microsoft Office Specialist—Excel training demonstrates that you have the skills needed to perform office tasks efficiently. This is a great training for people interested in working in an office or information technology setting.

- **National Retail Federation Customer Service Training**

Customer Service Training will prepare trainees to handle difficult situations in retail, hospitality, and sales settings. Topics cov-



For More information contact  
**Kathleen Powell, Trainer**  
 443-808-1034 or  
[Kpowell@worksourcemontgomery.com](mailto:Kpowell@worksourcemontgomery.com)

Spots are limited for eligible applicants only.