



SERT Flash

School Energy and Recycling Team



Northwest High School is always looking for new ways to save energy!



The Administrative Team at Northwest High School helps make the difference
(L-R) Mr. Tim Britton, Mr. James D'Andrea, Mr. Matt Niper, and Mr. John Robertson

The administration at Northwest High School actively leads and supports comprehensive energy conservation efforts throughout the school, starting with Ms. E. Lancellotti (Lance) Dempsey, principal. Northwest High School leads the way in pro-active energy conservation strategies that SERT recommends to all schools—turn it off when not in use.

Mr. Michael W. Bednarcik, physical education resource teacher at Northwest High School, turns off the lights in the main gym, as well as auxiliary gyms, when the students are using the outside fields or when there are no scheduled classes. Mr. Bednarcik pointed out that it only requires a few minutes for the lights to come up to full brightness; he merely turns on the lights five minutes before a class begins. This effort helps reduce the waste that keeps Northwest High School in the running for SERT awards.



Mr. Mike Bednarcik
PE Resource Teacher

The average high school gym costs between \$1,800 and \$3,000 to power the standard gym lighting. Thanks to Mr. Bednarcik and the entire team at Northwest High School we are reducing energy use, greenhouse gas emissions, and our operating costs.

Individual efforts make a difference—it can be you!

Do you have a “SERT Flash” you would like to share regarding your SERT efforts? Please submit a photograph and paragraph about your team and you too can be featured in a future FLASH! E-mail: Barbara_M_Ruppel@mcpsmd.org or call the SERT office at 240-314-1090.

“It’s your world...choose to conserve”