

Magruder Cluster Health & Wellness Fair



Please join us for the Magruder Cluster Health and Wellness Fair! We welcome all parents/guardians, students, staff, and community members to choose from dozens of educational sessions for both adults and students in English and Spanish. Session topics include:

-  Mental Health and Wellness
-  Emergency Response
-  Refusal Skills & “Escape Hatch” Planning
-  Trauma and Mental Health
-  Zumba
-  Self Care and Time Management for Student
-  Safety at Home and at School
-  Narcan Training
-  How to Have Tough Conversations
-  Sports and Wellness

And many more!

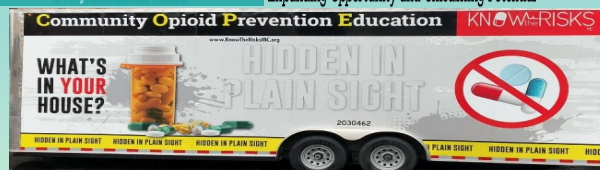
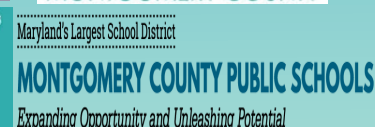
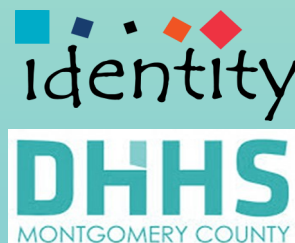
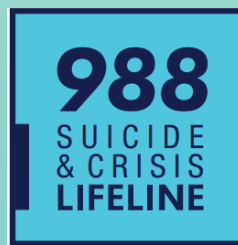
April 29, 2023

9:00 a.m.—12:00 p.m.

Col. Zadok Magruder High School

5939 Muncaster Mill Rd. Rockville, MD 20855

RSVP: <https://bit.ly/40ovVNr>



Narcan Training & Distribution on site

SSL hours available for students