

# Cavalier IB CAS

## Service Opportunities in Silver Spring

Organization	Opportunity Title	Description	Address	Contact	Contact Phone	Contact E-mail Address
A Wider Circle (Approved SSL MCPS)	Launch Center for Community Service - Community Service Day 2008	Help A Wider Circle launch their new Center for Community Service in Silver Spring! We need enthusiastic painters, furniture-movers, organizers, and cleaners to help us get the new space ready for service" It is out of this center that A Wider Circle will furnish the homes of 4,000 local children and adults in need this year - with the first families coming to select furniture on Community Service Day	9159-C Brookville Road 20910	Ann Wiard	301-657-1010	volunteer@awidercircle.org
Action For Peace Through Prayer And Aid (Approved SSL MCPS)	World Peace Farm Volunteer (MCPS SSL Approved)	Caring for horses, goats, hens, and pigs. Helping farm work	15510 New Hampshire Ave. 20905	Rev" Sang Jin Choi	202-939-0754	appasc@gmail.com

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Arc Of Montgomery County (Approved SSL MCPS)	Day Care Assistant (MCPS SSL Approved)	If you like preschool and elementary school age children this is the job for you. Assist in: daily classroom preparation, setting up the classroom for various activities; preparing bulletin boards; gathering supplies for activities; preparing, serving and cleaning up snacks/lunches; helping wherever necessary. The mission of The Arc of Montgomery County is to empower individuals with intellectual and developmental disabilities with lifelong opportunities to live, learn, work and play with dignity, freedom and full inclusion in the community.	10611 Tenbrook Dr. 20901	Jackie Hussein	301-984-5777	<a href="mailto:jackieh@arcmontmd.org">jackieh@arcmontmd.org</a>
Artstream, Inc (Approved SSL MCPS)	Mentor (MCPS SSL Approved)	Mentor adults with cognitive disabilities as they rehearse and perform an original play. A life changing experience!	Round House Theatre 8641 Colesville Road 20910	Sally Kinka	301-975-1008	<a href="mailto:sallykinka@comcast.net">sallykinka@comcast.net</a>

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Chi Tenbrook Adult Program (Approved SSL MCPS)	Supply Organization (MCPS SSL Approved)	We need a small group or an individual with super organizational skills to help us clean out, organize and label supplies in our storage room. Must be able to lift 40 lbs. Our mission is to provide a day program for individuals with developmental disabilities in order to increase independence, motor functions, promote community integration and experience a range of leisure activities.	10611 Ten brook Drive 20901	Mamie Price	301-593-8822	<a href="mailto:mprice@chicenters.org">mprice@chicenters.org</a>
Commonweal Foundation (Approved SSL MCPS)	Office Assistant (MCPS SSL Approved)	Office assistant to help answer phones, send out packets of scholarship information, general filing and shredding,	10770 Columbia Pike, #150 20901	Annika Valikhovskaya	240-450-0000	<a href="mailto:avalikhovskaya@cweal.org">avalikhovskaya@cweal.org</a>
HOC- Housing Opportunities Commission (Approved SSL MCPS)	Homework Club Tutor - Tanglewood Apartments (MCPS SSL Approved)	Assist grade school students with homework assignments in an afterschool program at the Tanglewood Apartments Family Resource Center. Help supervise children after assignments are completed.	Tanglewood Apartments 20901	Antoinette Walker	301-495-0984	<a href="mailto:antoinette.walker@hocmc.org">antoinette.walker@hocmc.org</a>
HOC- Housing Opportunities Commission (Approved SSL MCPS)	youth Group Leader (MCPS SSL Approved)	Make a real difference. Work with at-risk elementary school aged boys in a gang prevention project. Our Boy Scout troop needs leaders!	Manchester Road 20901	Antoinette Walker	301-495-0984	<a href="mailto:gail.gunod-green@hocmc.org">gail.gunod-green@hocmc.org</a>

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HOC- Housing Opportunities Commission (Approved SSL MCPS)	Homework Club Tutor - Aspen Hill (MCPS SSL Approved)	Assist grade school students with homework assignments in an after-school program at a Family Resouce Center located in a public housing community; help supervise children after assignments are completed.	Georgian Court Family Resource Center 20906	Marsha Batista	301-460-6022	<a href="mailto:marsha.batista@hocmc.org">marsha.batista@hocmc.org</a>
HOC- Housing Opportunities Commission (Approved SSL MCPS)	Spanish Translator (MCPS SSL Approved)	Need Spanish Translator 3-5 hours per week to assist with spanish speaking clients.	Paddington Square 8800 Lanier Drive 20910	Sandy Tuttle	301-589-3601	<a href="mailto:sandy.tuttle@hocmc.org">sandy.tuttle@hocmc.org</a>
Holy Cross Hospital (Approved SSL MCPS)	Activity Program Aide, Adult Day Care (MCPS SSL Approved)	Assist staff with activities for participants. Good people skills. Assist at meals, arts and crafts, group activities, reading and listening to participants. Two hour interview/orientation; second interview and orientation on job location.	1500 Forest Glen Road 20910	Ann November -Moss	301-754-7305	<a href="mailto:novema@holycrosshealth.org">novema@holycrosshealth.org</a>
Holy Cross Hospital (Approved SSL MCPS)	Nursing Unit Volunteer (MCPS SSL Approved)	Passing ice water and snacks, visiting patients, assist with nourishment program, which includes socializing and feeding patient in room at meal time. Volunteers also support nursing staff by xeroxing, running errands, assisting with transporting patients in wheelchairs, answering phones, collating charts.	1500 Forest Glen Road 20910	Ann November -Moss	301-754-7306	<a href="mailto:novema@holycrosshealth.org">novema@holycrosshealth.org</a>

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Holy Cross Hospital (Approved SSL MCPS)	Gift Shop (MCPS SSL Approved)	Operates the cash register, assists customers with purchases, is familiar with the merchandise in the shop and storage room. Straightens and restocks shelves as directed. Prices merchandise as directed. Keep abreast of current gift shop policies and procedures.	1500 Forest Glen Road 20910	Debbie Hersh	301-754-7475	hershDs@holycrosshealth.org
Holy Cross Hospital (Approved SSL MCPS)	Foundation Volunteer (MCPS SSL Approved)	Assist with a variety of tasks to support <b>The</b> Holy Cross Assist with a variety of tasks to support <b>The</b> Holy Cross Hospital Foundation, which serves as the philanthropic arm for Holy Cross Hospital, raising funds to benefit various areas of care. Tasks may include stuffing envelopes, gift bags, or folders, selling raffle tickets. Other tasks may involve assisting in events set up, greeting, and dispatching special items during events. Work center may be at the hospital, the Foundation office on Tech Road in Silver Spring and/or at community events.	11801 Tech Road 20904	Ann November -Moss	301-754-7306	novema@holycrosshealth.org

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Homecrest House (Approved SSL MCPS)	Activities Assistant (MCPS SSL Approved)	Assist activity department with programs, parties, and events.	14508 Homecrest Rd. 20906	Nancy Welford	301-598-4000	nwelford@homecresthouse.org
Long Branch Athletic Association (Approved SSL MCPS)	Coach (MCPS SSL Approved)	The Long Branch Athletic Association creates constructive out-of-school activities for the youth of east Silver Spring through organized team sports. We empower children and youth to build self-confidence, leadership, teamwork and social skills, which positively impacts their academic performance and their community involvement. Volunteer Student Coaches are asked to serve as mentors and role models to the youth who participate on their teams. In addition, they will assist the adult coaches with supervising and instructing the players. Coaches must attend one 1 hour practice a week and one 1 hour game a week. All practices and games are held at local public schools or community centers. Seasons generally last for 10-12 weeks.	620 Pershing Dr. 2nd Floor 20910	David Morrison	301-641-2729	<a href="mailto:david.morrison@lbaa-md.org">david.morrison@lbaa-md.org</a>

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Margaret Schweinhaut Senior Center (Approved SSL MCPS)	ReceptionisUOffice Assistant (MCPS SSL Approved)	The Margaret Schweinhaut Senior Center is to meet the needs of adults 55 and older through responsive programs to stimulate their minds, enhance health and fitness, and provide socialization in a safe accessible environment. As a volunteer you will be asked to meet and greet in coming seniors and address their immediate socialization needs, answer the phones and take messages, assist some seniors that have difficulty in carrying their lunch trays, and lead new participants to appropriate rooms for activities. Perform front desk duties. This is an active friendly location, it is hoped that your enthusiasm will have an opportunity to grow and your knowledge of aging will increase.	1000 Forest Glen Road 20901	Betty Timer	301-681-1255	betty.timer@montgomerycountymd.gov
Mental Health Association (Approved SSL MCPS)	Families Foremost Center Child Development Room Volunteers (MCPS SSL Approved)	Assist in caring for children ages 1 month to 3 years of age. Volunteers will be asked to lead group educational activities and ensure children's safety.	1109 Spring Street 20910	Marsha Teichman	301-424-0656	mteichman@mllamc.org

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Montgomery County Public Libraries (Approved SSL MCPS)	Teen Advisory Committee (MCPS SSL Approved)	Teen representative will speak to teen issues on the Library Advisory Committee for Silver Spring. The committee consists of a Broad representation of Silver Spring residents who work together to advise the library on programs and materials; advocate for library services and represent the library on outreach programs.	8901 Colesville Road	Carol Legarreta	240-773-9420	carol.legarreta@montgomerycountymd.gov
Montgomery County School Based Health and Wellness Centers (Approved SSL MCPS)	Member - Wellness Center Youth Advisory Council (MCPS SSL Approved)	Students needed to work with Local Advisory Council to determine the needs of the students of Northwood High School and the services the Northwood Wellness Center will provide.	919 University Blvd. West 20901	Mark Hodge	240-777-1574	mark.hodge@montgomerycountymd.gov
National Capital Trolley Museum (Approved SSL MCPS)	Museum Docent (MCPS SSL Approved)	Docents work with visitors to help them learn from the Museum's exhibits. The National Capital Trolley Museum is an educational resource which preserves and interprets the history of electric street railways. Docents will be working with the public after completing training.	1313 Bonifant Road 20905	Joan Pinson	301-384-6352	<a href="mailto:educator@cJctrolley.org">educator@cJctrolley.org</a>



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Parks Department, MNCPPC (Approved SSL MCPS)	Group Projects (MCPS SSL Approved)	M-NCPPC hosts groups for a variety of service projects throughout the Parks system. Projects may include stream/park clean ups, invasive plant removal, reforestations, trail work and others. Project details are worked out with Parks staff and are influenced by group make-up and goals and Parks current needs. Student Youth groups must provide their own adult supervision. (When Parks can provide additional direct supervision for these activities, they are eligible for Student Service Learning hours. Talk with Parks staff about SSL eligibility - some projects are supervised directly by parks staff - others are not. SSL approval should <b>not</b> be assumed, especially for high school.)	Dept. of Park & Planning, Mont. Co. 9500 Brunett Avenue 20901	Lynn Vismara	301-495-2504	lyn.n.vismara@mncppc-mc.org

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Potomac Conservancy, Inc. (The) (Approved SSL MCPS)	Office Administration (MCPS SSL Approved)	Potomac Conservancy is a fast growing non-profit river conservation organization solely dedicated to protecting the Potomac River, The conservancy seeks energetic volunteers to assist with educational mailings, answering telephones, responding to membership inquiries about the Potomac River, coordinating volunteer events and office administration, Join our fun office environment. Learn about the Potomac and help us protect it. Great internship possibilities, Background of good computer skills--Excel, Word, Data Entry,	8601 Georgia Avenue, Suite 612 20910	Monica Lyman	301-608-1188	info@potomac_org

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Pulmonary Hypertension Association (Approved SSL MCPS)	OfficeNolunteerNight (MCPS SSL Approved)	PHA is seeking volunteers to assist with filing, data entry, reception and switchboard relief, mailing and materials preparation. Volunteers will support efforts of the staff and provide assistance that will allow PHA to continue to provide support to our patients, In addition, PHA hosts a weekly volunteer night on Wednesday evenings from 5-9 p.m. Activities include preparing mailings and other simple administrative tasks. Dinner is served to all volunteers.	801 Roeder Road, Suite 400 20910	Debbie Castro	240-485-0755	debbie@phassocia1ion.org

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Tess Community Service Center (Approved SSL MCPS)	Community Service Aide Assistant (MCPS SSL Approved)	Provides a variety of services to TESS Center clients, such as answering telephones and greeting walk-ins, providing information & referral about services offered in the Metro area, assist clients in filling out forms and applications, interpreting for clients with limited English proficiency and file client information.	8513 Piney Branch Rd 20901	Maureen Larenas	301-565-7680	<a href="mailto:maureen.larenas@montgomerycountymd.gov">maureen.larenas@montgomerycountymd.gov</a>
Unity Youth Development Corporation (Approved SSL MCPS)	Youth Cheerleading Coach (MCPS SSL Approved)	This position is to teach cheerleading to girls between the ages of 6 - 14. Volunteers will be required to coach 2 hours per day at least 2 - 3 times per week. Will also have to direct the girls in light exercise.	1300 Forest Glen Road 20910	Ms. Antonia Miller	877 -262-4680	<a href="mailto:antonia_miller@unitythunder.org">antonia_miller@unitythunder.org</a>
YMCA Youth & Family Services (Approved SSL MCPS)	Homework Club Tutor (MCPS SSL Approved)	To assist children and youth (k-8th grades) with their homework, collect a copy of student's report card each marking period; to assist with snacks; to assist with arts, crafts & recreational activities.	YMCA Carroll Ave & Quebec Tr Center 8733 Carroll Avenue #4 20903	Belen Bryant	301-431-4394	<a href="mailto:bbryant@ymcadc.org">bbryant@ymcadc.org</a>

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Parks Department, MNCPPC (Approved SSL MCPS)	Data Entry-Community Relations Office, (MCPS SSL Approved)	Our Community Relations Office has been surveying the public about how they feel about our parks, and now we need help inputting the data! We are looking for volunteers to work at least a couple of hours a week, with some basic computer skills. Volunteers will be trained, and have a flexible schedule!	Parkside Headquarters 9500 Brunett Avenue 20901	Lynn Vismara	301-495-2504	lynn.vismara@montgomeryparks.org
Parks Department, MNCPPC (Approved SSL MCPS)	z (Project Full) Long Branch Community Clean-up - Community Service Day 2008	PROJECT FILLED. Join in a fun, fall beautification project. Help clean-up a park and stream surrounding the Long Branch Community Center and weed and clean-up the grounds of the Community Center. This project is coordinated by the Long Branch Athletic Association and Community Bridges. Meet at the Long Branch Community Center, 8700 Piney Branch Rd. in eastern Silver Spring.	Long Branch Community Center 8700 Piney Branch Rd. 20901	David Morrison	301-641-2729	dayid.morrison@lbaa-md.org

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National Capital Trolley Museum (Approved SSL MCPS)	Conductor (MCPS SSL Approved)	Assist Motorman on our electric streetcars by punching tickets and giving a speech to our passengers. Conductors have to serve as docents for 25 hours prior to becoming a conductor. Conductors have to be at least <b>14</b> years old and <b>in</b> good health with vision or hearing impairments fully corrected. They need to pass a written exam on the Manual of Operating Rules. The National Capital Trolley Museum is an educational resource which preserves and interprets the history of electric street railways.	1313 Bonifant Road 20905	Joan Pinson	301-384-6352	<a href="mailto:educator@dcrolley.org">educator@dcrolley.org</a>
National Capital Trolley Museum (Approved SSL MCPS)	Project Assistant (MCPS SSL Approved)	The volunteer will do many' different jobs such as painting, help with restoration projects, and track building and assisting the Director of Education with projects for children.	1313 Bonifant Road 20905	Joan Pinson	301-384-6352	<a href="mailto:educator@dcrolley.org">educator@dcrolley.org</a>

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Montgomery Child Care Association (Approved SSL MCPS)	Teacher's Aide (MCPS SSL Approved)	This Center cares for children age 2-12. Volunteers can help teachers by playing with children, setting up for meals, reading stories and going on short local field trips when scheduled.	Kensington Forest Glen Children's C 9805 Dameron Drive 20902	Center Director	301-593-9641	<a href="mailto:kfg@mccaedu.org">kfg@mccaedu.org</a>
Montgomery County Public Libraries (Approved SSL MCPS)	Teen Web Page Ass't (MCPS SSL Approved)	Assist in the development and maintenance of the library's Teen Web page (Teensite), Teensite MySpace page, and any other online library presence. Be knowledgeable about the Web and search techniques and Web page design.	Silver Spring Library 8901 Colesville Rd.	Susan H. Levine	240-773-9420	<a href="mailto:susan.levine@montgomerycountymd.gov">susan.levine@montgomerycountymd.gov</a>
Montgomery County Public Libraries (Approved SSL MCPS)	Summer Reading Program (MCPS SSL Approved)	Help children, join the Summer Reading Program. Prepare program material. Assist with special events. Provide service to local library. Positions are limited and applicants should apply early. Final deadline is June 1st.	8901 Colesville Road 20910	Judy Ehrenstein	240-773-9420	<a href="mailto:judy.ehrenstein@montgomerycountymd.gov">judy.ehrenstein@montgomerycountymd.gov</a>

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Margaret Schweinhaut Senior Center (Approved SSL MCPS)	Activity Instructor (MCPS SSL Approved)	Volunteers are needed as class instructors and assistants for bridge, ceramics, crafts, needlepoint, painting, dance classes, exercise, computer classes and any other recreational or educational subject that you may be able to share. Also a need for persons to lead holiday craft projects and/or give one-time seminars on topics of interest to seniors.	1000 Forest Glen Road 20901	Betty Timer	301-681-1255	betty.timer@montgomerycountymd.gov



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Holy Cross Hospital (Approved SSL MCPS)	Patient Ambassador (MCPS SSL Approved)	Responsible to meet and welcome patients admitted during the prior 24 hours, educate patients on use of the television, HealthLine educational TV, the CAR.E. channel, call bell, and Admission Packet.	1500 Forest Glen Road 20910	Ann November -Moss	301-754-7306	novema@holycrosshealth.org
Homecrest House (Approved SSL MCPS)	Helpers (MCPS SSL Approved)	The NCBBHF Corporation is committed to provide comfortable caring and affordable fair housing to older adults and qualified disabled adults. This commitment to create a supportive and caring environment promoted residents to live their lives to their fullest potential. Duties may include: assisting with arts and crafts, reading mail to residents with poor vision, escorting resident to programs and/or dinner, assisting with dance/exercise program, assisting with games (Scrabble, poke no). Need Russian translators. Need Bingo callers on Monday & Wednesday afternoons.	14508 Homecrest Road 20906	Nancy Wolford	301-598-4000 ext. 76	nwolford@h(Jmcresthonse.org
Homecrest House (Approved SSL MCPS)	Office Assistant (MCPS SSL Approved)	Need assistance with filing, shredding old documents, copying, running errands.	14508 Homecrest Rd. 20906	Nancy Wolford	301-598-4000	nwolford@homecresthouse.org

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Holy Cross Hospital (Approved SSL MCPS)	Surgical Services Volunteer (MCPS SSL Approved)	Greets and escorts pre-surgical patients to pre-op area. Helps keep track of patient's visitors. Errands, assist transport, collate charts.	1500 Forest Glen Road 20910	Ann November -Moss	301-754-7306	novema@holycrosshealth.org
Holy Cross Hospital (Approved SSL MCPS)	Discharge Transporter (MCPS SSL Approved)	To provide skilled wheelchair transportation to hospital patients who are being discharged from the hospital. Patients will be in wheelchairs and need to be taken to lobby of hospital. Many will be new mothers and babies. Also provide assistance to visitors, escorting them on foot or in wheelchair to their destination.	1500 Forest Glen Road 20910	Ann November -Moss	301-754-7305	novema@holycrosshealth.org
Holy Cross Hospital (Approved SSL MCPS)	Administrative Assistant (MCPS SSL Approved)	Volunteers would support staff with some typing (light), answering phones, filing, computer entry, making packets, etc. Assist with other duties as assigned.	1500 Forest Glen Road 20910	Ann November -Moss	301-754-7305	novema@holycrosshealth.org

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HOC- Housing Opportunities Commission (Approved SSL MCPS)	Food Packaging/Emergency Food Assistance (MCPS SSL Approved)	Assist in sorting and packaging groceries for distribution to families in need. This is a satellite program of the Capital Area Community Food Bank.	Tanglewood Apartments Manchester Road 20901	Antoinette Walker	301-495-0984	antoinette.walker@hocmc.org
HOC- Housing Opportunities Commission (Approved SSL MCPS)	Administrative Assistant (MCPS SSL Approved)	Help in a busy office setting. Volunteers will help with data entry, filing, and photocopying. This position is located at a Family resource Center located at Georgian Court which is owned and operated by the Housing Opportunities Commission. HOC provides affordable housing opportunities to low-income and moderate income individuals and families. The agency provides direct services to residents of our subsidized housing programs to assist them in achieving economic self-sufficiency.	3600 Bel Pre Road 20906	Marsha Batista	301-460-6022	<a href="mailto:marsha.batista@hocmc.org">marsha.batista@hocmc.org</a>
HOC- Housing Opportunities Commission (Approved SSL MCPS)	Homework Club Tutor - Paddington Square (MCPS SSL Approved)	Assist elementary school-aged children with their homework assignments in an afterschool program.	Paddington Square Apartments 20910	Sandy Tuttle	301-589-3601	sandy.tuttle@hocmc.org

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Barrie School And Camp (Approved SSL MCPS)	Day Camp (MCPS SSL Approved)	Assisting a team of camp counselors who manage a group of 15-20 campers, and participating in the general implementation of the camp program by supporting the team of counselors and participating in staff training sessions and staff meetings	13500 Lay hill Road 20906	Peter Vogdes	301-576-2815	<a href="mailto:pvogdes@barrie.org">pvogdes@barrie.org</a>
Barrie School And Camp (Approved SSL MCPS)	Daycare Assistant (MCPS SSL Approved)	Work alongside school staff who are caring for students before and after regular school hours. Students need to be well-supervised, safe, stimulated by age-appropriate, recreational activity, and supported as if in the home.	13500 Layhill Road 20906	Peter Vogdes	301-576-2816	<a href="mailto:pvogdes@barrie.org">pvogdes@barrie.org</a>
Chi Tenbrook Adult Program (Approved SSL MCPS)	Instructional Aide (MCPS SSL Approved)	To assist instructors and therapists with young adults with developmental disabilities in the classroom and on trips. Assist with arts and crafts, mealtime and preparation of materials for activities. Ability to lift and assist individuals out of wheelchairs.	TENBROO KADULT PROGRAM 10611 Tenbrook Drive 20901	Mamie Price	301-593-8822	<a href="mailto:mprice@chicenters.org">mprice@chicenters.org</a>

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American Cancer Society (Approved SSL MCPS)	Special Events (MCPS SSL Approved)	Volunteers are needed for a variety of fundraising events throughout the year. Help at the Relay for Life, the Gala, our Making Strides Against Breast Cancer event and others. Duties may include setting up and taking down and clean-up of the relay event; help coordinate and organize auction and sponsorships for Gala; stuff envelopes to publicize events, etc. Office help is needed at various times through the month.	11331 Amherst Avenue 20902	Joan Dickson	301-933-9350	<a href="mailto:joan.dickson@cancer.org">joan.dickson@cancer.org</a>
American Red Cross Of The National Capital Area (Approved SSL MCPS)	Community Disaster Education Volunteer (MCPS SSL Approved)	The Montgomery County Office of the American Red Cross is committed to educating all community members about the realities of disasters and how individuals, families, and businesses can prepare for and prevent their devastating effects.	Montgomery County Office, 2020 East West Highway, 20910	Jesse Viles	703-805-2057	<a href="mailto:VilesJ@redcrossnca.org">VilesJ@redcrossnca.org</a>

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Potomac Conservancy, Inc. (The Approved SSL MCPS)	Outdoor Conservation (MCPS SSL Approved)	Potomac Conservancy offers outdoor hands-on volunteer opportunities to improve water quality in the Potomac River watershed. Participate in Potomac Conservancy's signature project Growing Native by collecting tree seeds in the fall and planting trees along streams and the Potomac River in the spring. Volunteers can also help clean up trash, remove invasive plants or take part in large-scale tree planting activities. All volunteer opportunities are offered on a seasonal basis. For more information, visit the Growing Native and Potomac Conservancy web sites (www.growingnative.org and www.potomac.org)	8204 Georgia Avenue, Suite 612 20910	Colleen Langan	301-608-1188	<a href="mailto:langan@potomac.org">langan@potomac.org</a>

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Recreation Department- Montgomery County Therapeutic Recreation (Approved SSL MCPS)	Swim Assistant - Silver Spring (MCPS SSL Approved)	Get involved in recreational adult swim program for individuals with disabilities (i.e., mental retardation, emotional, physical or learning disabilities). Volunteers provide support, give encouragement and assist people in order to access and enjoy the pool. Your swimming ability is not as important as your ability to interact with people. Here is a great way to help people make friends and enjoy swimming yourself! Opportunities at Swim Centers in Silver Spring, Bethesda and Germantown.	MLK Jr., Swim Center 1201 Jackson Road 20904	TR Rec. Specialist	240-777-4925	<a href="mailto:rec.mainstream@montgomerycountymd.gov">rec.mainstream@montgomerycountymd.gov</a>
Shepherd's Table, Inc. (Approved SSL MCPS)	Evening Meal Volunteer (MCPS SSL Approved)	Dinner Preparation: Volunteers set tables in the dining room and assist the chef with preparing dinner foods for clients. Dinner Servers and Clean-up assistants serve dinner to clients, wash dishes, and clean the kitchen and dining areas after the meal.	8210A Colonial Lane 20910	Nancy Scull	301-585-6463	<a href="mailto:nancy.scull@hocmc.org">nancy.scull@hocmc.org</a>

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YMCA Youth & Family Services (Approved SSL MCPS)	After School Assistant (MCPS SSL Approved)	Assist participants( k-4th grades) in completing their homework, individual tutoring as needed, preparation and distribution of snacks. Assist with attendance and other reporting requirement, assist with planning field trips and special events.	9100T-1 Piney Branch Road YMCA Nob Hill Community Center 20903	Belen Bryant	301-431-1060	<a href="mailto:bbryant@ymcadc.org">bbryant@ymcadc.org</a>