



Creativity, Action, Service Experience Reflection Form

Please submit to: Mr. Yarbrough, CAS Coordinator / Room 114

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Student Name:	Student ID #
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Class of	Activity Name/ Title:
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Part I. Complete before your experience:

a. Description of Activity: (include why the activity is creativity, action and/or service)

Type Here

b. What is your goal? What do you expect to learn or accomplish?

Type Here

Part II: Check and elaborate on all that apply after your experience:

<i>Learning Outcome</i>	<i>Achieved</i>	<i>Give Specific Example</i>
Increased awareness of own strengths and areas for growth		
Undertaken new challenges		
Planned and initiated activities		
Worked collaboratively with others		
Shown perseverance and commitment		
Engaged with issues of global importance "Think globally, act locally."		
Considered the ethical implications		
Developed new skills		

Part III: Write/Create your reflection including your learning outcomes.

Also consider the following:

Did you learn something new about yourself? Did you learn anything new about the activity? Did you have leadership role during this activity? Where there moral implications? Did you change your perspective? Have some of your goals changed? Did you learn something new about people? Were you challenged? Do you plan to do the activity again? Were there goals not achieved?

Make note if you chose a different format to reflect

Type Reflection Here