

Welcome to Back to School Night!

Westover Elementary School

Rising Up!

September 7, 2022



Agenda



- * Welcome & Introductions
- * Programs and Procedures
- * PTO Message
- * Classroom Visitation

Core Values that Drive Our Work

The Westover Way

- * Be Respectful
- * Be Safe
- * Be Prepared

Westover's Vision

At Westover Elementary School, we collaborate to inspire our students to be creative problem solvers and lifelong learners. We promote a respectful, equitable atmosphere that elevates academic excellence and social emotional growth for all.

School-Wide Expectations



- * **120 minute literacy block using the Benchmark Literacy and Really Great Reading (K-2) phonics programs**
- * **75 minute math block using the Eureka Math program**
- * **Integration of technology**
- * **Differentiation where appropriate**
- * **Ongoing data collection and use of formatives**
- * **Positive Behavioral Intervention Systems and Social Emotional Learning upgrades, including Wallaby Readers, Student Well-Being Team meetings, and the Wallaby Academy**

Student Instructional Day

- * The student day is from **9:25-3:50**
- * Students will be invited into classrooms at 9:20
- * Students will be considered tardy at **9:25**--morning announcements will begin *promptly* at 9:25
- * Instruction will continue until 3:45
- * Afternoon announcements will begin at **3:50**-- **students will be called for dismissal following the afternoon announcements**



Safety During Arrival

- * **STUDENTS SHOULD NOT ARRIVE AT SCHOOL BEFORE 9:05 a.m.** School doors will remain locked until this time.
- * Students K-5 will line up outside of their classrooms upon arrival and will be supervised by adults and patrols.

Isabella Cole
K
Ms. Yoo

Drop Off Loop

- * Please be reminded that cars should safely use the PICK-UP/DROP-OFF LOOP to drop off or pick up students.
- * Please, **NO PARKING IN THE PICK-UP/DROP-OFF LOOP!**
- * Drop-off and pick up should not occur in the bus lane or the parking lot.

Blacktop Pick Up

Families wishing to meet students on the Primary Blacktop during dismissal should indicate that they are “walkers”.

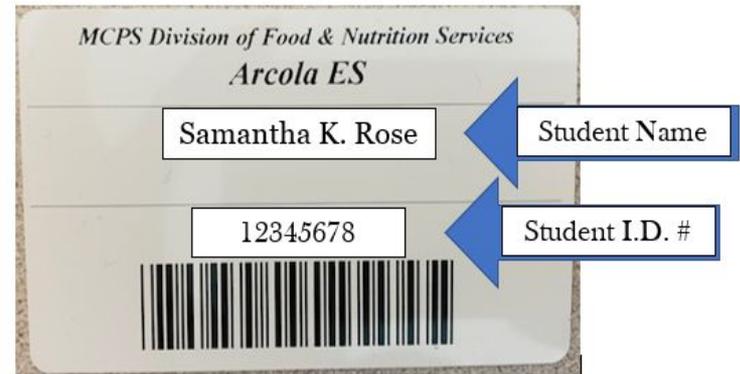
All students who are car riders will be dismissed to the car loop from the gymnasium. All walkers will be dismissed through the kindergarten hall doors to the primary blacktop.

Correspondence and Communication

- * Check out the Westover website
- * Principal Coffee will be held in February
- * Monthly Classroom/Team newsletters
- * PTO meetings
- * Sunday Screammers, Connect ED system, ParentVue
- * Mid-Week Updates, Connect ED, as needed
- * Friday Folders
- * Private FB Group



Lunch



★ Breakfast and lunch money must be put on each child's account through www.myschoolbucks.com

★ Free and reduced breakfast and lunch is free to any child who qualifies this school year. Mrs. Lambert, our Parent Community Coordinator can help anyone with forms.

MONTGOMERY COUNTY PUBLIC SCHOOLS DIVISION OF FOOD & NUTRITION SERVICES

ELEMENTARY MENU AUGUST/SEPTEMBER 2022

BREAKFAST ITEMS OFFERED EVERY DAY														
CAL		CARB		CAL		CARB		CAL		CARB				
Belgian Waffle w/Syrup	360	65	Mini Pancakes w/Syrup	330	66	Egg & Cheese English Muffin	200	24	Turkey Ham & Cheese Breakfast Sandwich	270	30	Maryland Made Cinnamon Roll ¹	232	38
Apple Juice	60	16	Orange Juice	60	13	Apple Juice	60	16	Orange Juice	60	13	Apple Juice	60	16
LUNCH														
ASSORTED FRUIT AND MILK ARE AVAILABLE AT EVERY MEAL:						FRUIT: Calories 20-127 Carbs 7-33			MILK: Calories 90-120 Carbs 13-20					
MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY						
AUG29		AUG30		AUG31		SEPT1		SEPT2						
Hamburger on Bun w/Baked Fries	415	45	Meatball- Sub w/Marinara Sauce	348	42	Mini Cheese Calzones w/Marinara	369	43	Chicken Drumstick w/Seasoned Potatoes & Roll	410	45	Pizza, Cheese or Pepperoni ¹	320/330	31
OR			OR			OR			OR					
Grilled Cheese Sandwich w/Baked Fries	366	44	Chicken Bites w/Roll and Cheesy Spinach	389	35	French Toast Sticks w/Sausage Links & Syrups	584	88	Chik'N Nuggets ² w/Roll and Green Beans& Corn	357	46	Three Bean Chili ³ w/Scoops	277	52
Crinkle Cut Potatoes	99	15	Baby Carrots w/Ranch	35/55	8/3	Tossed Salad w/Ranch	20/55	3/3	Tossed Salad w/Ranch	20/55	3/3	Fresh Veggies w/Ranch	30/55	8/3
Grape Tomatoes w/Ranch	20/55	3/3	Roasted Chickpeas	160	24									
5		6		7		8		9						
NO SCHOOL		Chicken Nuggets w/Baked Fries & Roll	383	42	Rotini w/Beef Sauce & Roll	433	46	Taco w/Corn Edamame & Scoops	346	43	Pizza, Cheese or Pepperoni ¹	320/330	31	
		OR			OR			OR						
		Veggie Burger ⁴ on Bun w/Crinkle Cut Potatoes	379	50	Scrambled Eggs & Sausage w/Seasoned Potatoes & Waffle	680	81	Curry Chickpeas ⁵ w/WG Rice	382	67	Chicken Ham & Cheese on WG Croissant	340	33	
		Crinkle Cut Potatoes	99	15	Celery Sticks w/Ranch	3/55	0/3	Tossed Salad w/Ranch	30/55	8/3	Fresh Veggies w/Ranch	30/55	8/3	
		Baby Carrots w/Ranch	35/55	8/3	Roasted Chickpeas	160	24							
12		13		14		15		16						
Chicken Drumstick w/Seasoned Potatoes & Roll	410	45	Chik'N Nuggets ² w/Ranchero Beans & Roll	453	63	Mac & Cheese w/Fish Bites	371	32	Chicken Tacos w/Corn & Mini Flats	362	49	Pizza, Cheese or Pepperoni ¹	320/330	31
OR			OR			OR			OR					
Grilled Cheese Sandwich w/Baked Fries	366	44	Chicken Patty on Bun w/Crinkle Cut Potatoes	379	50	Mini Pancakes w/Yogurt, Cheese Stick & Syrups	390	112	Cheese Crunchers w/Marinara Sauce	487	55	Three Bean Chili ³ w/Scoops	277	52
Crinkle Cut Potatoes	99	15	Baby Carrots w/Ranch	35/55	8/3	Cheese Stick & Syrups	390	112	Tossed Salad w/Ranch	20/55	3/3	Fresh Veggies w/Ranch	30/55	8/3
Grape Tomatoes w/Ranch	20/55	3/3	Roasted Chickpeas	160	24	Tossed Salad w/Ranch	20/55	3/3						

Menu Key: Cal = Calories Carb = Carbohydrates = Beef ¹Pork ²Poultry ³Vegan

Positive Behavior Interventions

- *The Westover Way
- *ORANGE Wallaby Tickets
- *Peace Day celebrations
- *Classroom Meetings
- *Referrals
- *Reflection Sheets
- *Restorative Questions

The Westover Way

	Recess 	Hallways 	Cafeteria 	Bathrooms 	Bus 
Be Respectful	<ul style="list-style-type: none"> Use kind words Play fair Invite others to play 	<ul style="list-style-type: none"> Walk quietly Keep your hands together Stay in spot in line 	<ul style="list-style-type: none"> Speak kindly Use good manners Respect differences in food Listen to adults Voice level 0, 1 or 2 	<ul style="list-style-type: none"> Stay in your space or stall Use quiet voices, level 1 Keep your hands and feet to yourself Flush Clean up your space 	<ul style="list-style-type: none"> Use quiet voices, level 1 Talk nicely to others Take care of your things Listen to patrols and adults
Be Safe	<ul style="list-style-type: none"> Follow directions Keep hands and feet to yourself Line up when the whistle blows Clean up recess materials Ask an adult for bathroom or for help 	<ul style="list-style-type: none"> Listen and follow directions Stay in line Walk Stay with your class 	<ul style="list-style-type: none"> Use pass to leave the cafeteria Follow directions the first time Stay in your seat 	<ul style="list-style-type: none"> Wash hands Get an adult for help Use a pass During a drill or emergency, find the closest room with an adult 	<ul style="list-style-type: none"> Follow directions the first time Stay in seat Report concerns to patrols or bus driver Keep feet, hands, and objects to self Be calm and quiet during drills and emergencies
Be Prepared	<ul style="list-style-type: none"> Listen to adults Be a friend and help others Follow rules when playing games 	<ul style="list-style-type: none"> Go to your landing place (specials, health room, office, another classroom) 	<ul style="list-style-type: none"> Clean up as a team Wait patiently and quietly in line Raise your hand if you need help 	<ul style="list-style-type: none"> Take care of business and then leave Keep the bathroom clean 	<ul style="list-style-type: none"> Find seat quickly and quietly Get on and off bus at assigned bus stop

Updated COVID Procedures

- * Weekend school-based vaccination clinics focusing on COVID-19 vaccine for infants and younger children now include COVID-19 vaccines for other age groups.
- * In alignment with updated CDC guidelines, **quarantine will no longer be required for vaccinated or unvaccinated students and staff who have been exposed to an individual with COVID-19.**
- * Testing & PPE Westover has adult and child sized KN95 masks, gloves, and PPE equipment.

COVID Positive

- Any student or staff who tests positive must isolate for 5 days.
- A letter will be sent home to caregivers a student or staff member tests positive in their classroom.
- When 3 or more students test positive for COVID, all students and staff will be required to wear masks for 10 days in school. Masks will be provided for students.
- Students who are in a class with 3 or more COVID cases should test after at least 5 days from the last exposure (starting day 6). Rapid test-kits for home testing will be provided for this purpose.

When should my child stay home?

When your child is sick, they should stay home and not attend school. This not only benefits your child but other children and staff in the classroom at school.

WHAT ARE IMPORTANT SIGNS OF ILLNESS?

Some important signs of illness are:

- 1. Temperature of more than 100 F orally**
- 2. Nausea or vomiting**
- 3. Stomachache**
- 4. Diarrhea**
- 5. Pale or flushed face**
- 6. Headache**
- 7. Persistent cough**

- 8. Earache**
- 9. Thick yellowish discharge from nose**
- 10. Sore throat**
- 11. Rash or infection of the skin**
- 12. Red or pink eyes**
- 13. Loss of energy or decrease in activity**

Goals for 2022-2023

- * Build positive relationships
- * Focus on Social Emotional Learning and Student Wellbeing
- * Continue our professional learning on antiracist antibiast teaching and learning
- * Use a variety of data to determine students' strengths and needs to inform instruction and increase student learning



Message from the PTO

Follow us on Facebook: Westover Community Alliance

Visitation

Have a Great Night!

- * 1st Session: 7:00-7:30
- * Repeat of 1st session: 7:35-8:05