

~SCHOOL HEALTH SERVICES~

Students Must be Healthy to be Educated And Educated to be Healthy

Dear Parent(s):

In order to provide the best learning experience for your child, the Department of Health and Human Services, School Health Services (SHS) have partnered with Montgomery County Public Schools (MCPS) to provide health services that assure the health, safety, and well-being of your student while he/she attends Watkins Mill ES.

SHS works in collaboration with the Watkins Mill ES team to assess the health needs of students and provide consultation on health issues related to Individualized Education Programs and Section 504 Accommodation Plans. We create individualized health care plans for students with health conditions and will help implement them once students return to the school building. Most importantly, we link families to community resources to make sure everyone's needs are met.

For more information on School Health Services please click here: www.montgomeryschoolsmd.org/school-health-services. For required and recommended health documentation to be submitted to Watkins Mill ES please scroll down.

Thank you,

Elizabeth Davis, School Nurse
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&

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REQUIREMENTS FOR THE 2020 – 2021 SCHOOL YEAR

● IMMUNIZATIONS

WHO NEEDS VACCINES?

All students enrolling in Maryland public schools for the first time, or transferring from private schools within or outside of Maryland, are required to submit an Immunization Certificate (preferably the DHMH 896) with appropriate immunizations at the time of admission.

For a blank Immunization Certificate please click here: [DHMH 896](#)

WHAT'S REQUIRED?

Students entering Kindergarten, or Grades 1, 2, 3, 4, and 5 must provide documentation that they have received **TWO** doses of **Varicella** vaccinations and **TWO** doses of **Measles, Mumps and Rubella** vaccinations, in addition to those they would have received between birth and age five years.

For a list of the required immunizations click here:

https://phpa.health.maryland.gov/Min_Vac_Req_2020_21.

ARE THERE ANY EXCEPTIONS?

The **only exceptions** to the required immunizations are:

- ❖ documentation of medical contraindication(s) by a physician,
- ❖ documentation of religious exemption by the parent,
- ❖ documentation of immunizations in progress, but up-to-date (students will be excluded if additional required immunizations become past due), **or**
- ❖ proof of a medical appointment to obtain immunizations or immunization documentation within 20 days of the enrollment date (students will be excluded on the day following the appointment if documentation is not provided).

WHERE CAN MY CHILD RECEIVE THE VACCINES?

There will be **FREE** DHHS Immunization Clinics Available in September, by appointment. Parents **MUST** bring a copy of their child's current immunizations. Information for the clinic locations are as follows:

- Germantown Health Center, Monday – Friday, 8:30 to 4pm
 - 12900 Middlebrook Road, 2nd Floor
 - Germantown, MD 20874
 - **240-777-3380**
- Dennis Avenue Health Center, Monday – Friday, 8:30 to 4pm
 - 2000 Dennis Avenue
 - Silver Spring, MD 20902
 - **240-777-1050**

For the September 2020 clinic schedule click here:

www.September2020ClinicSchedule/pdf

HOW DO I GET A COPY OF MY CHILD'S VACCINES?

- Call your doctor and request a copy of the Immunization Record.
- Ask the clinic you have an appointment with to look up the child's record in Immunet.
- Access your own child's records on the Maryland Department of Health web portal MD.MyIR.net
- If your child is in a childcare, you may be able to get a copy of the immunization record from the childcare provider.

HOW DO I SUBMIT PROOF OF MY CHILD'S VACCINES?

Once the required immunizations have been received and documented, you may submit the *DHMH 896* to the school by:

- E-mail: WM561OR@mcpsmd.org,
- Fax: 301-840-5319, or
- U.S. Postal Service:

Watkins Mill ES
Attn: Health Room
19001 Watkins Mill Road
Montgomery Village, MD 20886

• **BLOOD LEAD TESTING**

Lead poisoning is an environmental hazard and children from the ages of birth to six years are at the greatest risk. Lead poisoning can lead to learning disabilities, shortened attention span, irritability, and a lowered IQ.

WHO NEEDS TO BE SCREENED?

All students entering HeadStart, Pre-Kindergarten, Kindergarten, and Grade 1 are to be screened for lead poisoning.

WHAT'S REQUIRED?

• **HEADSTART AND PRE-KINDERGARTEN STUDENTS**

Parents must fill out and complete the *Blood Lead Testing Certificate* (DHMH Form 4620) to certify that their student has undergone blood testing/and or screening for lead poisoning.

• **KINDERGARTEN AND GRADE 1 STUDENTS**

Parents must fill out and complete the *Blood Lead Testing Certificate (DHMH Form 4620)* according to the instructions on the form. These students may not need to undergo blood testing.

For the DHMH Form 4620 in English click here: [Maryland DHMH Blood Lead Testing Certificate](#)

For the DHMH Form 4620 in Spanish click here: [CERTIFICADO DE PRUEBA DE PLOMO EN SANGRE DEL DEPARTAMENTO DE SALUD MENTAL E HIGIENE MENTAL DE MARYLAND](#)

WHERE CAN I GET MY CHILD'S BLOOD DRAWN?

Students may be tested through a primary care physician or at a community clinic. To have your child tested at the Montgomery County, Childhood Lead Poisoning Prevention Headquarters please call **240-777-3160**.

The location of the headquarters is within the **Silver Spring Health Center** at:

8630 Fenton Street
Silver Spring, MD 20910

For more information on *Childhood Lead Poisoning Prevention* program please click here: [Montgomery County, MD DHHS Lead Poisoning Prevention](#)

HOW DO I SUBMIT PROOF OF MY CHILD'S LEAD CERTIFICATE?

Once the appropriate screening and document has been completed you may submit the *Blood Lead Certificate* to the school by:

- E-mail: WM561OR@mcpsmd.org,
- Fax: 301-840-5319, or
- U.S. Postal Service:

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● PHYSICAL EXAMINATION

SHS needs to be aware of any special health or developmental problems that your child may have. Therefore, documentation of your child's health status is required.

WHO NEEDS A PHYSICAL EXAM?

All students enrolling in Watkins Mill ES for the first time, or transferring from private schools within or outside of Maryland.

WHEN DOES THE PHYSICAL NEED TO BE COMPLETED?

The physical exam must be completed within NINE months BEFORE or SIX months AFTER enrollment.

WHERE CAN MY CHILD RECEIVE A PHYSICAL?

Your child can receive his or her physical exam through their pediatrician or through a physician or a certified nurse practitioner at a local clinic. In the past, urgent care facilities have also performed physical examinations.

HOW SHOULD THE PHYSICAL BE DOCUMENTED?

Your child's health information should be submitted on the *Health Inventory Form (MCPS SRS-6)*. Information will only be shared with appropriate staff on a need-to-know basis.

For a blank Health Inventory Form in English click here: [Montgomery County Health Inventory Form](#)

For a blank Health Inventory Form in Spanish click here: [Expediente de Examen Físico de las Escuelas de Maryland](#)

HOW DO I SUBMIT PROOF OF THE PHYSICAL?

Once the appropriate exam and document has been completed by you and the health care provider, you may submit the *Health Inventory Form* to the school by:

- E-mail: WM561OR@mcpsmd.org,
- Fax: 301-840-5319, or
- U.S. Postal Service:

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RECOMMENDATIONS

- **DENTAL EXAMINATION**

It is **recommended** that students in Grades K, 1, 2, 3, 4, and 5 have an annual dental examination.

WHERE CAN MY CHILD RECEIVE A DENTAL EXAM?

The *Maryland State Dental Association (MSDA)* can provide the names of dentists for those families who do not have a dentist. Exams are also available through the Montgomery County Department of Health and Human Services, for those who are financially eligible.

To access the MSDA website click here: [Maryland State Dental Association](#)

To find a dentist online please click here: [MSDA Find-a-Dentist](#)

HOW SHOULD THE DENTAL EXAM BE DOCUMENTED?

Please have your student's dentist fill out the Montgomery County *Dental Health Form (MCPS 525-17)*.

For a blank Dental Form in English click here: [Montgomery County Dental Health Form](#)

For a blank Dental Form in Spanish click here: [Formulario de Salud Dental](#)

HOW DO I SUBMIT PROOF OF MY CHILD'S DENTAL EXAM?

Once the appropriate exam and documentation has been completed you may submit the *Dental Health Form* to the school by:

- E-mail: WM561OR@mcpsmd.org,
- Fax: 301-840-5319, or
- U.S. Postal Service:

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● TUBERCULOSIS (TB)

In an effort to keep our school children safe and healthy, the *Montgomery County DHHS Tuberculosis Control Program* **recommends** TB screening to identify infected students at risk of developing TB and to identify students who need treatment for TB. Thus, ensuring early intervention to prevent the spread of TB to others.

WHO NEEDS TO BE SCREENED?

All students born in any country other than the United States, as well as, all students who have lived outside of the U.S. for 12 months or more prior to entry into the U.S.

WHERE CAN MY CHILD BE SCREENED FOR TB?

Students may be screened through a primary care physician. A TB skin test, which is also known as a PPD skin test, will be given to the student and need to be evaluated after 2 – 3 days. Another option is a TB blood test which does not require follow-up. Some students, however, may also need a chest X-Ray and medical exam.

Screenings are also available through the Montgomery County Department of Health and Human Services. For more information on TB clearance please call **240-777-1800**.

HOW SHOULD MY CHILD'S TB SCREENING BE DOCUMENTED?

Your child's PPD results can be documented on the *Health Inventory Form (SRS-6)*. Documentation for all other TB test results will be provided by the screener.

For a blank Health Inventory Form in English click here: [Montgomery County Health Inventory Form](#)

For a blank Health Inventory Form in Spanish click here: [Expediente de Examen Físico de las Escuelas de Maryland](#)

HOW DO I SUBMIT PROOF OF MY CHILD'S TB SCREENING?

Once the appropriate test and document has been completed you may submit the *Health Inventory Form* or other documentation to the school by:

- E-mail: WM561OR@mcpsmd.org,
- Fax: 301-840-5319, or
- U.S. Postal Service:

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RESOURCES

- **NO HEALTH INSURANCE?**

If your child does not have health insurance coverage, he or she may be eligible for the *Maryland Children's Health Program (MCHP)* or the *Montgomery County Care for Kids (CFK)* Program.

HOW TO APPLY:

(1) Find out your eligibility by contacting the *Office of Eligibility and Support Services (OESS)* at **240-777-1003** or email them at OESS.MoCo@Montgomerycountymd.gov.

(2) Collect your documents:

- Proof of income such as pay stubs, income tax papers etc.
- Proof of identity such as a driver's license, employment identification
- Proof of citizenship or legal immigrant status
- Proof of Montgomery County residence

(3) APPLY:

a. To apply for MCHP you may:

Visit <http://www.marylandhealthconnection.gov>.

b. To apply for CFK, which provides access to medical services for low-income, uninsured families and individuals **who are not eligible for State and Federal programs**:

Please complete the *Montgomery County Safety-Net Programs* application and email it to OESS.MoCo@Montgomerycountymd.gov.

For a CFK application in English click here: [Care for Kids Application](#)

For a CFK application in Spanish click here: [Aplicación Care For Kids](#)

For more information on Health insurance please click here:

[County Health Programs](#)

● SEVERE OR MINOR HEALTH CONDITIONS?

If your child has a health condition or any special health needs the health room staff need to know. Below is a list of common health conditions we often see in school, along with forms that will need to be filled out.

If your child requires medication during the school day you and your child's physician will need to fill out a *medication authorization form* (525-12, 525-13 or 525-14). Both

the parent and the physician must sign the form/order and the form must match the label on the medication bottle.

The order form and medication **must be directly handed to a health room staff member at the same time.**

ALLERGIES/ANAPHYLAXIS:

Form 525-14: [Emergency Care for the Management of a Student with a Diagnosis of Anaphylaxis](#) (EpiPen)

Form 525-14: [Atención do Emergencia para Estudiantes con Diagnóstico de Anafilaxia](#) (EpiPen)

Form 525-13: [Authorization to Administer Prescribed Medication](#) (Oral medication)

Form 525-13: [Autorización para Suministro de Medicamento Recetado](#)

MCDHHS 3138: [Allergy Questionnaire/Cuestionario de Alergia](#)

ASTHMA:

Form 525-13: [Authorization to Administer Prescribed Medication](#) (Inhaler)

Form 525-13: [Autorización para Suministro de Medicamento Recetado](#)

Form 525-12: [Authorization to Provide Medically Prescribed Treatment](#) (Nebulizer)

Form 525-12: [Autorización para Proveer Tratamiento Médico Prescrito](#)

MCDHHS 3213: [School Asthma Management Plan](#)

MCDHHS 3213: [Plan de Manejo del Asma Escolar](#)

MCDHHS 3213a: [Asthma Action Plan](#)

MCDHHS 3213a: [Plan de Accion para el Asma](#)

A parent may have the physician fill out the Asthma Action Plan instead of Form 525-12 or 525-13. However, a parent must still complete the top of Form 525-13, which permits trained staff members to administer medication to his or her student.

DIABETES:

MCDHHS 3181: [Diabetes Letter to Parents](#)

MCDHHS 3181: [Carta de Diabetes para los padres](#)

[Diabetes Questionnaire - English](#)

[Cuestionario sobre la Diabetes](#)

[Diabetes Medical Management Plan](#) – To be completed by a physician or certified nurse practitioner

**Form 525-13: [Authorization to Administer Prescribed Medication](#)

**Form 525-13: [Autorización para Suministro de Medicamento Recetado](#)

**For diabetes, the top of Form 525-13, which permits trained staff members to administer medication to a student, will be the only part of the form filled out.

SEIZURES/EPILEPSY:

[Seizure Questionnaire - English](#)

Form 525-12: [Authorization to Provide Medically Prescribed Treatment](#) (Diastat)

Form 525-12: [Autorización para Proveer Tratamiento Médico Prescrito](#)

Form 525-13: [Authorization to Administer Prescribed Medication](#) (Oral medication)

Form 525-13: [Autorización para Suministro de Medicamento Recetado](#)

SICKLE CELL DISEASE:

The health room staff highly encourages any student who has sickle cell disease to have fever/pain reducing medication at school.

Form 525-13: [Authorization to Administer Prescribed Medication](#) (Oral medication)

Form 525-13: [Autorización para Suministro de Medicamento Recetado](#)

● **MORE HEALTH FORMS**

Additional forms related to student health are available here: [Student Health Forms](#)

All completed documentation may be submitted to the school by:

- **E-mail:** WM561OR@mcpsmd.org,
- **Fax:** 301-840-5319, or
- **U.S. Postal Service:**

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“He who has health, has hope; and he who has hope, has everything”
-Thomas Carlyle