



Back to School
Night

SNOWDEN FARM  **ELEMENTARY**
SCHOOL

Physical Education: Mr. Benco and Mr. LaRocca

Mr. Benco



23 years of teaching K-5 Elementary Physical Education

My wife teaches Second Grade at Wims Elementary School

I have two daughters Alivia (15) and Liliana Benco (17)

Curriculum: Based off of the National Standards for Physical Education using the MSDE Framework. This summer I served as the Lead Curriculum Consultant for MCPS

Movement Skills/Concepts

Health Related Fitness

Personal/Social Responsibility

A typical lesson is small group and is 45-50 minutes once a week

Beginning: Introductory Activity and Warm Up (5 minutes)

Middle: Station Explanation(s) and Rotations (35 minutes)

1. Fitness
2. Content #1
3. Team Builder
4. Content #2
5. Playground Activity of the Month
6. Assessment Center or Content #3

End: Closure/Wrap-Up and Check for Understanding (5 minutes)



Q/A

Thank you for coming!

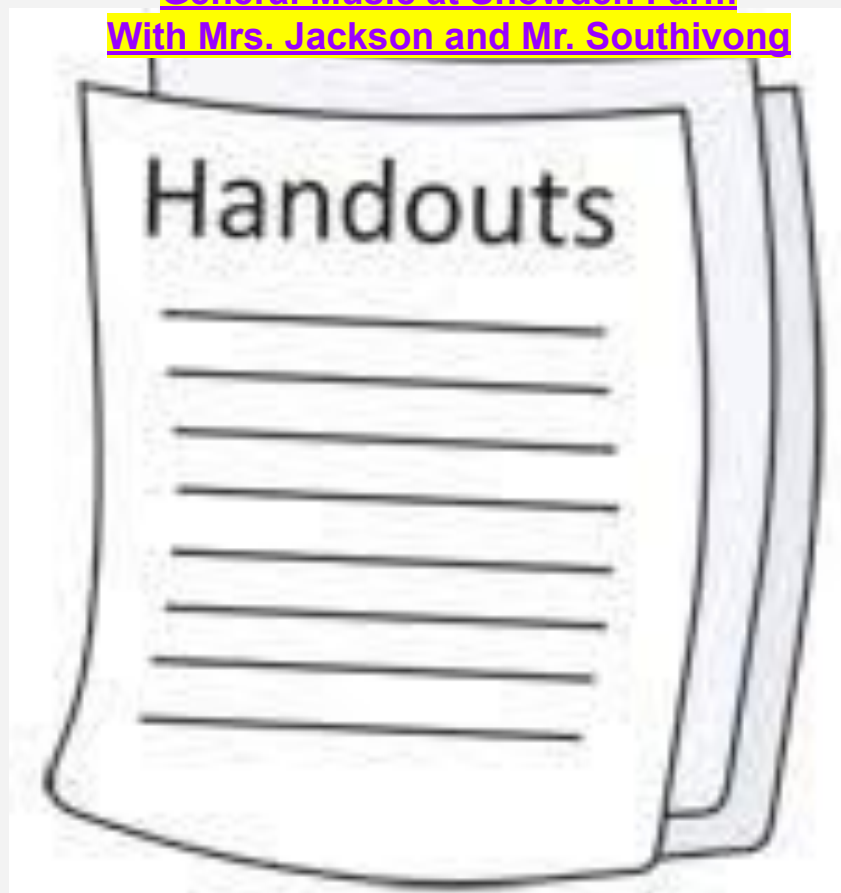
Thank You!

General Music About Mrs. Jackson

- This is my 19th year teaching General Music
- My husband and I have two sons. Tyson (7) and Theo (4 almost 5)
- I was born and raised in Detroit, MI
- I graduated with my BA and M. Ed. from Hampton University in Hampton, Virginia.
- I love to exercise, watch tv/movies (I love Disney, Star Trek & Superhero movies/shows), Competitive Game shows, sing, go for walks with my family
- I'm looking forward to having a successful and musical school year with your children.



General Music at Snowden Farm
With Mrs. Jackson and Mr. Southivong



Thank you for coming!

Thank You!