

Lois P. Rockwell Elementary School

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ROCKWELL REGISTER



Happy Monday!

This week's *Rockwell Register* is full of helpful information that our district has published for parents. We will continue to include these notices and messages in our school newsletter.

One thing that is certain is that information is streaming very quickly. It seems that changes are occurring regularly and at times it is a bit difficult to keep up! We recognize this for ourselves, and also for our parent community. We at Rockwell will continue to do all that we can to get information to you in a timely manner, and also be available to answer any questions that you may have. Mr. Isabell, our assistant principal and I am available via email each day and our office telephone lines are covered daily by our terrific secretaries, Ms. Kim Spotloe and Ms. Judy Cadwell. Mr. Isabell and I continue to be in the building several times during each week. Please reach out if you have questions or need assistance with anything school related.

An aspect of meeting the needs of all of our students during this unprecedented period in their young lives is taking care to address their social and emotional well-being. As adults, we can feel overwhelmed by the changes to which we have adapted over the past six months. Our school district has always been committed to the social and emotional wellbeing of all students and the "Be Well 365" resources have helped guide all school staff in working with our students prior to the pandemic as well as throughout our work in the spring, summer, and fall. Below are some supports and interventions that all schools are offering to students and the community. Please take a look and be in touch if you have any questions about how this is being addressed at Rockwell by our staff.

Be well and take good care!

Cheryl Clark
Principal



Be Well 365 Recovery Student Supports and Interventions

All schools will continue to implement social-emotional supports for students.

Student Well-Being Teams: Schools have designated student well-being teams that will receive referrals for student support from school staff and

families. These teams will provide support to students who are struggling with social-emotional concerns, attendance, and engaging with online learning. They will also support the delivery and monitoring of Social Emotional Learning (SEL) lessons. The teams are comprised of school administrators, counselors, psychologists, pupil personnel workers (PPW's), parent community coordinators (PCC's) and other building staff.



Student Psychoeducational Lessons: All schools are required to implement a student psychoeducational lesson during a Social-Emotional Learning (SEL) schedule blocks before October 2, 2020. Student psychoeducational lessons provide direct crisis intervention support to students. This lesson will provide students crisis facts about the dual pandemic (COVID-19 and systemic racism) in our nation. It will also provide information on common crisis feelings/reactions, stress management strategies, and where to find help. Teachers will implement these lessons with coaching from the building counselors, psychologists, and other school-based mental health staff. Families who have concerns about their child's ability to participate in the student psychoeducational lessons due to a mental health concern or a prior traumatic event should contact the school administration to request an alternative way of meeting the lesson objectives. The student will also be referred to the student well-being team for additional support.

Social Emotional Learning Lessons: Throughout the school year, staff will provide Social Emotional Learning lessons to help students effectively apply the knowledge, attitudes, and skills necessary to understand and manage emotions, set and achieve positive goals, feel and show empathy for others, establish and maintain positive relationships, and make responsible decisions.



Family resources: Parent Academy workshops are free workshops that provide information, resources, and tools & tips to support student success. The **Parent Academy** is designed to inform and empower families as advocates and partners in their children's education. Workshops provide families with useful information and resources to support their children's academic and emotional well-being, as well as helping them to be college and career ready. Through a variety of learning opportunities, we

hope to strengthen our engagement with families and the community. We recognize that behind every successful student are supportive families, teachers, school staff and community members who take an active role in educating our students.

We want our families and students to remain engaged throughout the school year. While we may not be able to meet face-to-face, Student, Family and School Services is excited to provide "Parent Academy *TO GO*," a series of virtual workshops for families to view at home.

Families can access additional information about social emotional support on the following websites:

- Office of Student and Family Supports and Engagement:
<https://www.montgomeryschoolsmd.org/departments/student-services/>
- Be Well 365:
<https://www.montgomeryschoolsmd.org/departments/student-services/wellbeing/index-new.aspx>
- Mindful Moments Video Series:
https://www.youtube.com/playlist?list=PLkZwAghwrSytgi1re_2Sr8Dt8poZCHgP5
- Waymaking Video Series: <https://www.montgomeryschoolsmd.org/waymaking/specials/>
- Virtual Parent Academy Series:
<https://www.montgomeryschoolsmd.org/departments/parent-academy/workshops.aspx>

Parent Resources for Virtual Learning



The MCPS Parents page has been updated to include various online resources for families to help them navigate virtual learning. Visit www.montgomeryschoolsmd.org/parents/ to see the list of resources.

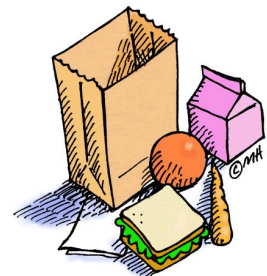
Recursos para padres para el aprendizaje virtual

La página para padres de MCPS ha sido actualizada para incluir varios recursos en línea para las familias a fin de ayudarlos a navegar por el aprendizaje virtual. Para ver una lista de los recursos, visite www.montgomeryschoolsmd.org/parents/.

MCPS to Resume Free Meal Service for All County Children and MCPS Students

The U.S. Department of Agriculture has extended the waivers that allow school systems to provide free meals to students during the summer months. MCPS will resume providing free breakfast and lunch to all County children and enrolled MCPS students. A student identification number will not be required; however, names will be taken for each child. More information is available at

news.montgomeryschoolsmd.org/quicknotes/important-update-mcps-to-resume-free-meal-service-for-all-county-children-and-students/.



MCPS reanuda el servicio de comidas gratis para todos los niños del condado y estudiantes de MCPS

El Departamento de Agricultura de los Estados Unidos ha extendido las exenciones que permiten que los sistemas escolares proporcionen comidas gratuitas a los estudiantes durante los meses de verano. MCPS continuará brindando desayuno y almuerzo gratis a todos los niños del condado y estudiantes inscritos en MCPS. No se requerirá un número de identificación de estudiante; sin embargo, se tomarán los nombres de cada niño/a. Hay más información disponible en

news.montgomeryschoolsmd.org/quicknotes/important-update-mcps-to-resume-free-meal-service-for-all-county-children-and-students/.

immunizations



County Offers Immunizations for Children Returning to School

County health officials are offering free immunizations to eligible children so that immunization requirements are met for the 2020–2021 school year. Immunizations for students new to MCPS and children in kindergarten through Grade 12 are available Monday through Friday, by appointment, at locations in Silver Spring and Germantown.

Appointments are available at:

Dennis Avenue Health Center, 2000 Dennis Avenue, Silver Spring; Phone: 240-777-1050
Germantown Health Center, 12900 Middlebrook Road, Germantown; Phone: 240-777-3380

There will be two additional clinics offered on Saturday, September 12 and Saturday, September 19 at the Dennis Avenue Health Center location.

Parents/guardians can access their child's vaccination record online at no cost on the Maryland Department of Health's web portal. Users can view and print official copies of vaccination records without a request to their health care provider.

More information about Maryland's immunization requirements can be found on the [Maryland Health Department's website](#).

El condado ofrece vacunas para los niños que regresan a la escuela

Los funcionarios de salud del condado están ofreciendo vacunas gratuitas a los niños elegibles para que se cumplan los requisitos de vacunación para el ciclo escolar 2020–2021. Las vacunas para los estudiantes nuevos en MCPS y los niños desde el kindergarten hasta el grado 12 están disponibles de lunes a viernes, con cita previa, en ubicaciones en Silver Spring y Germantown.

Se puede hacer cita en:

Centro de Salud de Dennis Avenue (Dennis Avenue Health Center), 2000 Dennis Avenue, Silver Spring; Teléfono: 240-777-1050
Centro de Salud de Germantown (Germantown Health Center), 12900 Middlebrook Road, Germantown; Teléfono: 240-777-3380

Se ofrecerán dos clínicas adicionales el sábado, 12 de septiembre y el sábado, 19 de septiembre en el Centro de Salud de Dennis Avenue.

Los padres y guardianes pueden acceder al registro de vacunación de sus hijos en línea, sin costo, en el portal de Internet del Departamento de Salud de Maryland. Los usuarios pueden ver e imprimir copias oficiales de los registros de vacunación sin una solicitud a su proveedor de atención médica.

Puede encontrar más información sobre los requisitos de vacunación de Maryland en el [sitio web del Departamento de Salud de Maryland](#).