

Monday, August 24th @ 4:00pm

Please join Beth Wert (school counselor) and Dr. Jennifer Bienstock to learn more about how to support your child(ren) and navigate these challenging times of online learning. We will have a 30 minute presentation with helpful tips and information followed by a Q&A session to answer your most pressing question

Please join via Google Meet

<https://meet.google.com/uzx-puaz-mgb>

Join by phone

(US) +1 669-220-6124 PIN: 464 691 554#

Dr. Bienstock is a licensed psychologist who received her doctorate degree in clinical psychology from The Massachusetts School of Professional Psychology (MSPP) with a concentration in health psychology. She completed her pre-doctoral training at Boston Behavioral Medicine in Brookline, MA and the Edith Nourse Rogers Veterans Memorial Hospital in Bedford, MA. She completed her post-doctoral fellowship at the Behavior Therapy Center of Greater Washington (BTC) in Silver Spring, MD. Dr. Bienstock works with individuals across the lifespan using evidence-based approaches. Dr. Bienstock has clinical expertise treating obsessive compulsive disorder (OCD), anxiety disorders, school refusal, emotion dysregulation and ADHD. She also participated in the Trichotillomania Learning Center's Professional Training Institute and works with individuals with body-focused repetitive behaviors (BFRBs)

Please contact Elizabeth Wert if you have any questions at Elizabeth_A_Wert@mcpsmd.org

File attachments:

[Parent Brochure.docx](#)