

A Little About Your Counselor ...

Ms. K. Hughes

The 2016-2017 school year will be my fourteenth year at Oakland Terrace Elementary. Before Oakland Terrace, I worked in Prince George's County as a middle school counselor for two years and as an elementary special educator for five years. I received my Master's Degree in Guidance and Counseling at Bowie State University in 2001 and completed my undergraduate at the University of the District of Columbia in 1994.

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**Welcome to the
Oakland
Terrace ES
Community**

**Oakland Terrace Elementary
2720 Plyers Mill Road
Silver Spring, MD 20902
301-929-2161**

**[www.montgomeryschoolsmd.org/
schools/oaklandes](http://www.montgomeryschoolsmd.org/schools/oaklandes)**

Oakland Terrace Elementary



School Counseling
Program

*School Counselor
Kimberly B. Hughes, M.Ed.*

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Program Delivery

What is the role of the counselor?



My role as the counselor is to develop and implement a program of services that focuses on the following three areas:

academic, career/decision making, and social development.

The **Academic** area entails assisting students with study and organizational skills. Guidance lessons are designed to help students acquire skills and attitudes necessary for academic success.

Career and Educational Decision Making involves teaching students the importance of the decision making process, so they will be better prepared to make sound academic, social, and career choices.

Social Development covers assisting students with self-esteem, making and keeping friends, and appropriate social behaviors.

- ◆ *Classroom Guidance* sessions on conflict resolution, bullying, stress management, decision making, career awareness, character education, social skills, and human development
- ◆ *Group Counseling* sessions on coping with stress, self-esteem, making and keeping friends, anger management, grief/loss, separation and divorce, and exploring careers
- ◆ *Individual Counseling* sessions to assist students use of effective problem solving skills and to express feelings or concerns
- ◆ *Reinforcement of home-school partnership* through newsletters and referrals to community resources



Do you have special concerns about your child?

Would you like your child to participate in group counseling?

Interested in volunteering for counseling related events?

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