



Tips for Kindergarten Success

1. You are your child's first and most important teacher!
 - Your attitude towards school influences your child's attitude towards schools.
 - If you are relaxed and excited, they will be as well!
2. Preparation is key!
 - Talk to your child has a good understanding about what happens in school, this will help to decrease nervous and anxious feelings
 - Reassure your child that everything at home will remain the same while he/she is at school.
3. Take time to talk with your child!
 - Ask your child how his/her day is and really find out how things are going.
 - Ask open-ended questions to avoid only "yes" and "no" answers.
 - Let your child know that you are listening and that the quality of their school experience is important to you.
4. Discuss daily routines
 - This is most important during the first few weeks and may include how he/she will get home from school, how to ask the teacher for help, when snack time is, etc.
5. Encourage your child's independence!
 - The beginning of the school year gives you the opportunity to begin to foster independence.
 - Start with the first day of school by saying "goodbye" at the front door and letting them know that they will be able to handle whatever the day may bring.
 - The confidence that you have in your child will help to develop their own confidence, which will in turn be the basis of a successful year!
6. Healthy habits start now!
 - Providing a healthy breakfast will give your child the energy needed to succeed throughout the day!
 - Talk to your child about good hygiene, including washing hands, using tissue, etc.
7. Read, Read, Read with your child!
 - Please share any concerns or questions with your child's teacher, counselor, or the school administration. We are here to ensure success in each of our students!