

Bullying Prevention

Here at Cloverly, we take every step to keep our students, staff and parents informed about the various aspects of bullying. Through class lessons, school-wide assemblies, staff education and parent communication, we want to make sure everyone is on the same page for preventing and dealing with bullying and maltreatment.

Types of bullying

Bullying isn't just the stereotype of a bigger kid pushing around a smaller kid. Bullying is an intentional conduct with the intent to be hostile. There are four types of bullying and it can become quite sophisticated even at the elementary school level.

- Physical (pushing, tripping, intimidating gestures, etc...)
- Verbal (name calling and threatening)
- Social/Relational (excluding, rumors and gossip)
- Cyber (verbal or social bullying via texting, blogging, websites, gaming etc...)

What can parents do?

As an involved parent, the best thing you can do is keep talking to your children. **Ask them every day about their school day.**

1) Use open ended questions such as; "What was the best and worst part of your day?" Avoid yes/no questions such as; "How was your day?"

2) Get to know their friends. Watch the way they interact and speak to each other. Make sure the relationships are healthy and have an equal balance of power.

3) Watch for changes in eating, sleeping, social groups. If your child has a sudden change in mood, attitude toward school or seems upset, ask them what is going on at school and/or with their friends.

4) Monitor electronic usage carefully. This includes the use of cell phones, computers and gaming sites.

**** Please know that children are not permitted to have a Facebook account until they are thirteen years of age!***

5) If you suspect bullying or your child has confided in you, please remain calm (so your child feels comfortable coming to you again). Guide them how to appropriately handle the situation (please ask me if you need support with this).

6) Many issues of conflict can be handled at home with the support of parents. However, if the issue persists, please contact your child's teacher, counselor or administrator. You can also complete a bullying reporting form and return it to a school administrator. We are here to help!