



Head Start Newsletter

January 2020

Dates to Remember

January 20th-no school (MLK Day)

January 24th-early dismissal (12:55)

January 27th-no school, professional day

February 5th-no school for Head Start only

Classroom News



Happy New Year, Head Start families! We have started back with a bang working on letter identification, letter sounds, rhyming words and counting syllables. Remember simple activities at home help reinforce all these important pre-reading skills. You can point out specific letters in words while reading a book or a recipe or choose rhyming books when you visit the public library.

We are also counting and identifying numbers 1-10. The children are working hard on number matching and counting accurately by making sure they assign only one number to an object as they count.

It has been fun learning about animals. As we finish out the month, we will learn all about polar bears and penguins.

Remember to check your child's folder daily!



Literacy Tip: Use your junk mail to help your child practice tracing letters or cutting. Provide markers and scissors and let your child build fine motor skills and learn letters.

Please check the temperature and dress your child in layers for his/her comfort. We go outside every day. Tennis shoes are recommended so your child can avoid accidents on the playground. Please label all coats and jackets.



Lunch News

One goal of family style lunch is to get the children talking to each other in meaningful ways. Lately, we have been emphasizing the importance of listening, too. It has been wonderful to see the children exchange ideas and information and start holding conversations with each other.



Weather

As winter continues, please make sure you check the weather for any school closings, delays or early releases. Remember, we are a full day program and a two-hour delay means they come to school late.



Behavior

Since returning from winter break, we have been reviewing some class rules. Please take some time at home to go over these with your child. At this point in the school year, these expectations for behavior should be easier and coming more naturally to your child. Thank you for your support at home.

Here are our class rules:

We are:

Safe (use walking feet, hands and feet to yourself)

Respectful (clean up your messes, listen to teachers, listen to each other, use an inside voice)

Kind (share and take turns, use kind words, smile and be friendly to everyone)



Thoughts

Welcome to cold and flu season. Some weeks it feels like your child's nose will never stop running...right? It is such a hard decision to make when it comes to when to send them to school and when to keep them home. Here are some basic guidelines to help you and your child (and the rest of us, too!)

Keep your child home if he/she has a fever, is vomiting or has diarrhea-100% of the time.

You may want to keep your child home for excessive coughing or headaches. Sometimes the cough lingers, so use your best judgement. If your child isn't sleeping at night due to the cough, you may want to consider staying home and visiting the doctor.

