Student Well-being Teams: Best Practices

Participants
- School administrators actively involved
- Student services staff members
- Attendance secretary
- School community health nurse
- Teachers of students being discussed
- Students, where appropriate

Meetings
- Meet weekly and by grade level

Strategies and Interventions
- Refer to Equity Hubs
- Provide technology resources
- Share updates about community resources across team members
- Identify the needs of the family that are affecting attendance and engagement
- Connect families with a staff member with whom they already have a relationship

Processes
- Develop referral process which includes documentation of previous outreach
- Clearly define SWBT procedures and roles
- Monitor appropriateness of referrals and pre-referral contacts
- Actively involve all team members in the problem-solving process and implementation of interventions
- Match SWBT tasks to each team members’ strengths
- Identify concrete action items and follow-up in future meetings
- Assign individual to monitor each student’s progress on ongoing basis
- Coordinate responses so all team members know what is being done on behalf of the student and family
- Consider family unit in terms of need for support and supports for families directly impacted by COVID-19
- Involve all team members in student and family outreach (designate one primary contact per family to manage interactions)
- Brainstorm supports (SWBT is safe space—no judgment, no bad ideas)
- Track students through the formalized process of the SWBT data collection tool
- Customize data collection tool to allow for detailed notes and school-specific data
- Target specific groups of students with similar needs for discussion (i.e., those with D’s and E’s)
- DOCUMENT EVERYTHING!

Other
- Build relationships across team members and roles
- Check in on well-being of SWBT members and include meeting practices that focus on self-awareness and self-care
- Acknowledge and celebrate successes
- Provide families with resources to help build their trust

Student OUTREACH
Start with classroom teacher and move up to next level of outreach if there is no response

Student and Family Support and Engagement
Office of Teaching, Learning, and Schools

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