If you are having a mental health crisis and you need immediate assistance, please contact the Montgomery County Crisis Center:

240-777-4000

Text “START” to 741-741

Immediate response to mental health and situational crises through telephone, walk-in and mobile outreach services.

Open 24 hours a day
7 days a week
Walk-in: 1301 Piccard Drive
Rockville, Md. 20850

You can also call 911 or go to the nearest emergency room

Why It Matters...

Mental illnesses often appear for the first time during adolescence and young adulthood. While they can occur at any age, the young and the old are especially vulnerable.

-National Alliance for the Mentally Ill

This is why knowing your resources matters!

Montgomery County Public Schools
Transition Services

Mental Health Matters!
Resources for Transition Age Youth and their Families

In collaboration with
Montgomery County Department of Health Human Services
Local Behavioral Health Authority
With proper care and treatment, between 70 and 90 percent of persons with mental illnesses experience a significant reduction of symptoms and an improved quality of life. - National Alliance for the Mentally Ill