

I Have Graduated, Now What?

Options and IDEA - ADA



KEY QUESTIONS FOR TRANSITION

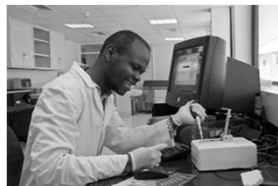
What are my career interests and what do they mean for my future career choices?

What are my work values and how should they inform my career choices?

What kind of lifestyle do I hope to lead as an adult and how much money will I need to make in order to live this type of lifestyle?

What education or training do I need to enter this field?

How I can use this information to help develop my transition plan?



Resources for Post High School Opportunities

▶ Career Information

- www.onetonline.org-occupation
- www.uwannadu
- www.need2work.webs.com



What is Post-Secondary Education?

Institutions

- ▶ 4 year college or university
- ▶ Community college
- ▶ Technical school

- ▶ Adult education
- ▶ Non-credit classes

Examples

- ▶ UMD, UMBC, Towson, Salisbury...
- ▶ Montgomery College
- ▶ Lincoln Tech Institute

- ▶ Montgomery College
- ▶ Montgomery Dept. of Recreation

Are There Other Options?

- ▶ **YES:**
 - **Employment**
 - **Military**
 - **Training**
 - **Internships**
 - **Volunteer Programs**



Post Secondary–College

- ▶ **To Do:**
 - Use Naviance/Family Connections to research colleges
 - Meet with the college career coordinator in your school
 - Determine what support services are available at the college – do they meet your needs?
 - Is size important? Do you need small classes?
 - How far from home are you willing to go?



What can the student do to prepare for the transition?

- ▶ Inquire about admission process for college of choice
- ▶ Contact Disability Services Office
- ▶ Inquire about types of academic accommodations typically provided for a student with similar disability.
- ▶ Take rigorous high school courses that will make student competitive and ready for college
- ▶ Be able to describe disability and its impact

Are You Ready?

- ▶ Challenges students may face include:
 - Academic rigor
 - Developing social networks
 - Self Advocacy
 - Daily organization skills
 - Accessing (asking for) and using accommodations
 - Technology
 - Size of classes



Accommodations:

If you have used accommodations in high school, plan to use them in college

- ▶ Disclose disability
- ▶ Apply for services from Disability Support Services (DSS) office
- ▶ The college determines the services based on the documentation that is provided



High School accommodations do not automatically transfer to college

IDEA and ADA: A Comparison

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| <ul style="list-style-type: none"> ▶ IDEA <ul style="list-style-type: none"> ◦ Free & Appropriate Mandatory Education, School is responsible ◦ School provides testing and evaluation for services ◦ Remedial and Accommodations ◦ School develops IEP ◦ IEP Team determines supports | <ul style="list-style-type: none"> ▶ ADA/Section 504 <ul style="list-style-type: none"> ◦ Student must meet eligibility criteria for enrollment and self disclose ◦ Student must provide current and appropriate documentation. If documentation from high school is not sufficient, it is student's responsibility to update as needed ◦ NO IEP or SPECIAL EDUCATION ◦ Students must contact DSS office ◦ Equal Access—NOT Equal Outcome |
|--|--|

Keiser, S. (1998). International Dyslexia Conference

Provide Documentation

- ▶ Every college has their own requirements, but be prepared to submit:
 - ▶ *Psychological assessments*
 - ▶ *Medical assessments*
 - ▶ *Educational assessments*
 - ▶ *Documentation must be current*
 - ▶ *Current Individual Educational Plan*



Montgomery College

- | | |
|--|--|
| <ul style="list-style-type: none"> ▶ Step 1. <u>Apply for Admission</u> ▶ Step 2. <u>Apply for Financial Aid</u> ▶ Step 3. <u>Take Assessments</u> ▶ Step 4. <u>Participate in an Academic Orientation</u> ▶ Step 5. <u>Complete Mandatory New Student Orientation</u> ▶ Step 6. <u>Register and Pay for Classes</u> | <h3>Accuplacer</h3> <ul style="list-style-type: none"> ▶ Most high schools now provide in school opportunity ▶ Determines placement – credit/non credit ▶ Must be taken for credit classes if ACT/SAT scores do not meet college readiness standard ▶ Accommodations are limited |
|--|--|

MC Options

- ▶ Degree Programs, AA, AAS
- ▶ Certificate Programs – both credit and non credit opportunities
- ▶ Workforce Development
- ▶ Gudelsky Institute for Technical Education



Employment

- ▶ An opportunity to start earning money and gaining work experience. After attending school for at least 13 years, many students want to get out in the 'real world' and make money.

Employment Supports

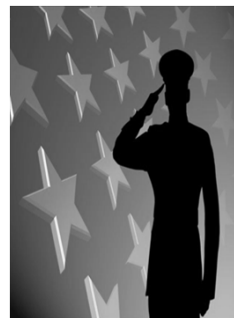
- ▶ DORS
 - Pre employment training
 - Training,
 - Employment supports
- ▶ Add Us In
- ▶ Worksource Montgomery
- ▶ Job Corps
- ▶ Cornerstone Montgomery

Military

- ▶ The minimum age for enlisting in the military is 17.
- ▶ Additional requirements include having a diploma or GED, physical requirements and placement tests. You may enlist in one of the branches of the military immediately after high school.
- ▶ It is important to note that uniformed personnel branches of the military are not covered by Section 504 of the Rehabilitation Act or the Americans with Disabilities Act (ADA), which guarantee rights and reasonable accommodations for individuals with disabilities.
- ▶ To learn more about military options, contact a local recruiting office.

HEATH Resource Center at the National Youth Transitions Center

- 1. Army: <http://www.goarmy.com>,
- 1. Navy: <http://www.navy.com>,
- 1. Air force: <http://www.airforce.com>,
- 1. Coast Guard: <http://www.gocoastguard.com>,
- 1. Marines: <http://www.marines.com/#hps02>,
- 1. National Guard: <http://www.nationalguard.com/>



Community Service / Gap year

Examples ~

AmeriCorps
City Year
Montgomery County
Volunteer Opportunities
<http://www.montgomeryserves.org/>

Benefits ~

- ▶ Monthly stipends
 - ▶ Educational Stipend
 - ▶ Gaining job skills and experience
1. http://www.cityyear.org/default_ektid13307.aspx
 2. <http://www.americorps.gov/>

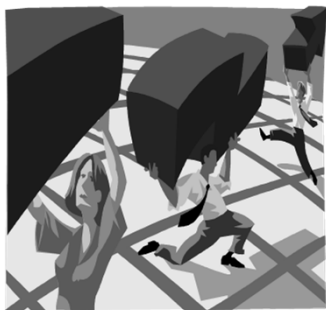
HEATH Resource Center at the National Youth Transitions Center

PREPARING FOR SUCCESS

- ▶ What skills do you need to be successful in any post secondary option?



Self-Advocacy



- ▶ Understand your disability and the accommodations you need to succeed
- ▶ Make contact with college support services when you visit
- ▶ Follow up with all requests for documentation from support services
- ▶ Be able to initiate action and interact with *faculty* or supervisor to obtain support services
- ▶ Demonstrate willingness to meet and interact with others for support

Self Management Skills



- ▶ Maintain regular academic and personal routines on a daily basis
- ▶ Know your strengths and abilities and utilize them
- ▶ Scheduling
 - Classes
 - Work
 - Social Activities

So How Do You Prepare For This?



HS Academic Rigor



HS Activities

