

The education you need for the health you want

Provided by Well Aware and UnitedHealthcare

FREE SUMMER EVENTS



• WEDNESDAY, JULY 18, 2012 4:30–5:30 p.m. • 45 W. Gude Dr.

Maple Room • Rockville, MD 20850

Appointments will be made in 15-minute increments. Interested participants MUST REGISTER on the UnitedHealthcare registration webpage at https://www.provantevents.com/Montgomery.

Practical Relaxation for the Working Professional

TUESDAY, JULY 24, 2012

4:30–5:30 p.m. • Carver Educational Services Center Cafeteria 850 Hungerford Dr. • Rockville, MD 20850

E-MAIL wellness@mcpsmd.org to register for this seminar.

PRESENTED BY:







