

CARE & PREVENTION OF ATHLETIC INJURIES (PE-22)

NEW COACHES SEMINAR (NCS)

COURSE DATES & INFORMATION: 2022–2023

Link to sign up for course: [2022-23 Application](#)

SUMMER 2022	FALL 2022	WINTER 2023	SPRING 2023
Care & Prevention Class: Tuesday & Thursday August 2 & 4, 2022 (Virtual) 6:30 - 9:30 p.m. Saturday August 6, 2022 (In-Person) 8:00 a.m. - 5:00 p.m.	Care & Prevention Class: Monday & Wednesday November 7 & 9, 2022 (Virtual) 6:30 - 9:30 p.m. Saturday November 12, 2022 (In-Person) 8:00 a.m. - 5:00 p.m.	Care & Prevention Class: Tuesday & Thursday February 21 & 23, 2023 (Virtual) 6:30 - 9:30 p.m. Saturday February 25, 2023 (In-Person) 8:00 a.m. - 5:00 p.m.	Care & Prevention Class: Tuesday & Thursday June 6 & 8, 2023 (Virtual) 6:30 - 9:30 p.m. Saturday June 10, 2023 (In-Person) 8:00 a.m. - 5:00 p.m.
New Coaches' Seminar: Fall Coaches Only August 9, 2022 (Paint Branch) 6:00 - 9:00 p.m.	New Coaches' Seminar: Winter Coaches Only November 14, 2022 (Paint Branch) 6:00 - 9:00 p.m.	New Coaches' Seminar: Spring Coaches Only February 28, 2023 (Paint Branch) 6:00 - 9:00 p.m.	New Coaches' Seminar: Make-Up Session as Needed June 14, 2023 (Montgomery Blair) 6:00 - 9:00 p.m.

Each session is comprised of four classes – three Care & Prevention classes and one New Coaches Seminar.

- **2022–23 Course Information:** The *Care and Prevention of Athletic Injuries Course (PE 22)* consists of three classes - two evenings and a one-day weekend day (Saturday or Sunday). The weekday courses will be held from 6:30 to 9:30 p.m. via zoom and the weekend course will be held in-person from 8:00 a.m. to 5:00 p.m., with a half hour break for lunch. *Note: Participants must be available the entire time, for all three days, to receive credit for the course. Unfortunately, if any part of the course is missed, participants will be required to re-take the entire course in the next available session.
- **Online Payment:** The course fee must be paid on-line (link opens in July) in order to be added to the course roster.
- **The New Coaches' Seminar:** is required for all coaches prior to beginning their first MCPS coaching assignment. The class is offered for all coaches prior to the specific sport season they are coaching, athletics specialists will enroll new coaches into NCS. Note: Participants are not required to attend the New Coaches' Seminar if they have previously taken the class.
- **CPR/AED Certification:** All stipend coaches must be certified in CPR/AED prior to beginning their coaching assignment. Coaches who do not have a current certification in CPR/AED are required to become CPR certified. Volunteer coaches are **not** required to be AED/CPR certified prior to beginning to their coaching assignment. CPR will now be taken at the local school.

Regarding classes postponed due to inclement weather or other systemwide emergencies: If it becomes necessary to cancel a class, all postponed classes will be made up on the earliest date available.

Action Required: One week prior to the start of the class, participants must confirm their attendance in the class and guarantee their seat by responding to the course logistics e-mail.

All questions should be referred to the local school athletics specialist.



MCPS Athletics Phone Number: 240-740-5650; or contact Anne Rossiter via email: anne_m_rossiter@mcpsmd.org