State and Local Requirements

The Code of Maryland Regulations (COMAR 13A.04.13, Physical Education Program) adopted by the Maryland State Board of Education on October 29, 1986, requires each local school system to provide an instructional program in physical education each year for all students. It also requires high school students to complete one-half (.5) credit in physical education for graduation.

The MCPS Board of Education requires students to complete an additional one-half (.5) credit of in-school physical education for graduation. There is no provision to substitute any outside physical activity program in lieu of meeting either the state or local in-school physical education instructional requirement.