RULES FOR SAFETY

1) I always tell my parents or the person in charge where I am going.

2) I never talk to strangers or go anywhere with someone I don’t know without my parents’ permission.

3) I say NO when someone tries to trick me.

4) I say NO when someone tries to touch me in a way that makes me feel uncomfortable.

5) No one has the right to touch my private parts. These are the parts of my body that are covered by my bathing suit.

6) I tell my parents or a grown up I trust when I feel confused or frightened.

7) I don’t keep secrets that scare me or make me uncomfortable.

8) A friend who asks me to lie, is not a friend.

9) I ask for help if I am confused about my feelings.

10) I know that I can say NO, GET AWAY, and TELL SOMEONE if I am scared or uncomfortable.

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